

SPECIAL ANNUAL REPORT ISSUE

# THE MASK

OF KAPPA PSI PHARMACEUTICAL FRATERNITY

SUMMER 2018

## 99 Hands

When tragedy hit,  
the 99 Hands  
of Kappa Psi  
took action.

Brothers help with  
Hurricane Harvey  
clean up and  
recovery on page 16.



## 99 Hands

David Caristi's story  
of healing and  
recovery.  
Story on page 12.



*Robert Mancini  
Grand Regent*

# The State of the Fraternity

Brothers,

I am pleased to be able to write this “State of the Fraternity” article for the first *MASK* Annual Report issue. I want to provide some background on the decision to pursue *THE MASK* Annual Report, progress on the goals of the International Executive Committee (IEC), changes that have occurred since the 58th Grand Council Convention and plans for the remainder of the term leading up to the 59th Grand Council Convention in Washington, D.C., July 17–21, 2019. It is our hope that this new format provides much needed information to all brothers of the Fraternity and you enjoy the highlights and special articles.

## Establishment of the Annual Report

On August 7, 2017, the newly installed International Executive Committee met for the post-convention meeting following the 58th Grand Council Convention. At this meeting, with the recommendation of the editor of *THE MASK*, Van Dyke, the Executive Committee voted to approve the change of the summer issue of *THE MASK* to an annual report to ensure the brothers of Kappa Psi were able to see a concise overview of the status of the Fraternity, both operationally and financially. The specifics of the content of this issue were further discussed at the meeting of the IEC at the APhA Annual Meeting in Nashville on March 16, 2018. It was decided at that meeting that this new issue would include a State of the Fraternity address, a summary of financials from The Central Office, financial reports from the Foundation, if they so desired, and special articles and a spread promoting our efforts in philanthropy, a key focus of my term as Grand Regent.

## International Executive Committee Updates

The International Executive Committee has been hard at work making progress on overall Fraternity and individual officer goals. Typically, the EC meets in person eight times over the course of the two-year term. First, immediately after the Grand Council Convention to address any pressing issues and set the landscape for the term. Then there is an EC retreat that fall to plan more details and goals for the term. We also meet at each APhA Annual Meeting (2), at ASHP Midyear Clinical Meeting (2), and at an interim meeting halfway through the term (often at the location of the upcoming Grand Council Convention). Finally, we meet immediately before the next Grand Council Committee, before the authority of the Grand Council is returned to the brothers as delegates of the Grand Council. In addition, the Executive Committee is continuously working throughout the term with many items discussed and approved via e-mail. Key summaries of the meetings we had this year are as follows:

### GCC Post-Convention Meeting (August 7, 2017) – Naples, FL

- Approval of creating a digital copy of *THE MASK*  
(Please sign up at [www.kappapsimask.com](http://www.kappapsimask.com) to get notifications and read *THE MASK* online)
- Approval of changing the Summer issue of *THE MASK* to an annual report
- Decision to move forward with evaluating new philanthropy programs to be decided at EC retreat

### EC Retreat (September 15–16, 2017) – Richardson, TX

- Approval of five \$1,000 scholarships for brothers to attend the APhA Institute on Alcoholism & Drug Dependencies
- Approval of ten \$1,000 service grants for chapters to use as capital in establishing large-scale philanthropic projects

*(The first year, it was decided that these would be dedicated to our new philanthropic partnership and after that will be for any project selected by a chapter. Keep an eye out for applications for the first year's grants this fall!)*

- Selection of REACH OUT AND READ as the new international philanthropic project for Kappa Psi  
(See article from the International Philanthropy Committee on page 18 for details.)
- Appointment of Brother Stan Tan, Beta Omicron, as the new Coordinator of Web Services  
(Check out some of the new changes he has implemented at [www.kappapsi.org](http://www.kappapsi.org).)
- Approval of the budget for the 2018 Leadership Symposium  
(See article from the Collegiate Member at Large on page 10 for details.)



*Stan Tan  
Beta Omicron  
New Coordinator of  
Web Services*

## **ASHP Midyear Clinical Meeting (December 3, 2017) – Orlando, FL**

- Approval of guidelines developed by the Chapter Enhancement Task Force in identifying chapters that may need additional assistance from the International Executive Committee  
*(Start of chapter visitations planned for the fall.)*
- Approval of new social media usage and guidelines for usage
- Development of the Kappa Psi Facebook page for official announcements from the IEC
- Guidelines for use of the Kappa Psi Facebook group to streamline its utility
- Approval of expansion of Twitter (@kpsi) and Instagram (@kappapsi)
- Approval to create a site on the International Web site for chapter sales
- Check it out at <http://shop.kappapsi.org/>
- Approval of new text messaging system, EZTexting, for sending reminders to chapter regents and GCDs for Fraternity deadlines

## **APhA Annual Meeting (March 16, 2018) – Nashville, TN**

- Awarding of the 2018 A. Richard Bliss Award to Past Grand Regent John Grossomanides at the Kappa Psi Reception
- Executive Director Porter notified us that all past issues of *THE MASK* will start being scanned and archived online
- Approval of format for the Annual Report Summer issue of *THE MASK*
- Approval of a new ritual for installation of collegiate chapters *(to be ratified at the 59th GCC)*
- Approval of a quarterly IEC newsletter to streamline communication from the IEC



Zeta Tau Brothers Kassandra Khandjian and Alexa Tuico collect books for the "Reach Out & Read" initiative.

## **Future Meetings**

- Interim EC Meeting (Planned August 24–26, 2018) – Washington, D.C.
- ASHP Midyear Clinical Meeting (Planned December 2, 2017) – Anaheim, CA
- APhA Annual Meeting (Planned March 22, 2018) – Seattle, WA
- GCC Pre-Convention Meeting (Planned July 17, 2019) – Washington, D.C.

## **Other Updates (approved through electronic media/meetings)**

- Updated the Graduate Chapter Checklist and Establishing/Reactivating a Graduate Chapter Policy
- Hurricane Harvey Fundraising Proposal, in collaboration with the Foundation  
*(See article on page 16 for more details.)*
- Continuation of Vimeo subscription to allow secured online viewing of Ritual videos
- Approval of Risk Management Inquiry and Reporting System
- Approval of new chapters and reactivations *(see page 4)*

## **Key Committee Updates**

### **New Committees**

- Advocacy Commission – Established to push our members to be more involved in local, state and national professional policy and legislative efforts  
*(Committee has developed list of state by state legislative days and encouraged chapters to be involved.)*
- Crisis Management Work Group – Reestablished to provide guidance to the Fraternity in the face of natural or other disasters that negatively affect our chapters (Harvey, Irma, California & Northwest wildfires, etc.)
- Family Inclusion Initiative – Expansion of the GCC Family Planning Committee to provide recommendations on how to improve inclusion of brothers' families in Fraternity events in an effort to improve graduate retention.
- GCD Training Coalition – Established to have a group dedicated to the rollout of education to new and established GCDs about tools/tips/tricks developed by the GCD Development Committee  
*(This group has already conducted some webinars archived on our Web site – <https://kappa-psi.com/gcd>)*
- MASK Editorial Board – Established to support editor of *THE MASK* Van Dyke in developing the online version of *THE MASK*, including opportunities for advertising (to reduce costs) and integrating Continuing Education as a means of improving graduate engagement
- Social Media Task Force – Established to review past and current trends in the Fraternity's social media presence and usage and improve this presence

*(continued on page 4)*



*The Crisis Management Work Group has been reestablished to quickly organize 99 Hands when natural disasters affect our chapters and brothers. Several brothers volunteered at temporary pharmacies after Hurricane Harvey hit South Texas last August.*

## New Endeavors for Established Committees

- Collegiate & Graduate Chapter Awards – working on process to convert the Chapter Progress Report Form (CPRF) to an electronic format for ease of use and submission  
*(Both groups also working on ways to improve the process by working with Supervisors & Satraps to provide details of strengths and areas of improvement for chapters based on CPRF data.)*
- Collegiate & Graduate Development – working on series of educational webinars to improve chapter operations
- GCC Planning – evaluating opportunities for continued use of GCC app and electronic voting  
*(both of which were highly successful at the 58th GCC, including passage of resolutions to continue)*
- History Committee – record and archive videos of interviews with past Executive Directors and Grand Regents for posterity
- Ritual Committee – record new versions of the ritual videos
- Philanthropy Committee – (see article on page 18)
- Public Relations Committee – developing a guide for assisting chapters and Provinces in getting media coverage for their philanthropic efforts and projects

## New Chapters

Zeta Upsilon chapter (Union University – Jackson, TN): August 19, 2017

Zeta Phi chapter (Larkin University – Miami, FL): April 7, 2018

Zeta Chi chapter (University of Arizona, Phoenix Campus – Phoenix, AZ): May 12, 2018

North Dakota Grad Reactivation (Fargo, ND): September 22, 2018

Charlotte Graduate Chapter Installation (Charlotte, NC): November 17, 2018

## Summary

As you can see from everything the Fraternity has been doing at the International level and the financials from the Central Office, I believe the ‘State of the Fraternity’ is excellent. We are continually moving forward to find ways to improve the Fraternity operations and experiences for our Brothers in congruence with our Strategic Plan that was ratified at the 58th Grand Council Convention. As we continue the term, I will continue to develop the three core goals of my term which include philanthropy, public relations and social media presence. As you have seen above and you will see in the rest of this issue, we have established a relationship with a new philanthropic organization which is well on its way to a positive long-term partnership. In addition, the outline of cumulative philanthropic efforts, which are also highlighted in this issue, will help us in our public relations efforts in showing the positive impact our members have in the community and profession. Lastly, we will continue to expand and streamline our social media presence which ties into our public relations efforts.

None of this would be possible without the outstanding efforts by the International Executive Committee members, supervisors, committee chairs and members, Province and chapter leadership, and each individual brother of our great Fraternity. Every time I hear another amazing thing our brothers are doing, it makes me proud to call myself a brother of Kappa Psi. Each of you is our inspiration to do what we can to ensure the longevity of Kappa Psi and I hope we continue to improve the Fraternity for our current and future members.

Fraternally,

Robert Mancini, Pharm.D., BCOP  
Grand Regent 2017–2019

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## MASK Deadlines

Fall 2018 10/1/18  
Winter 2019 12/1/18  
Spring 2019 3/1/19  
Summer 2019 7/1/19

## On the Cover



This summer, 110 brothers converged in Fort Worth, Texas, to become Leadership Ambassadors for our Fraternity. Read more about the Leadership Symposium on page 10! Photo by Delta Upsilon's Adrian Morera.



Through a little competition between family lines, the brothers of Epsilon Gamma came together to raise more than \$1,200 for Reach Out and Read. (L-R): Christine Vuong, Esther Hahm, and Gloria Oh.

- 6** **Fraternity Annual Report**/After record-setting growth the past 10 years, Kappa Psi Pharmaceutical Fraternity remains in the black.
- 8** **2018 Award Winners**/See which chapters took the top awards given out by Kappa Psi Fraternity in 2018.
- 12** **Brothers Unmasked**/This issue is filled with stories of courage and perseverance of our 99 Hands in action.

## Inspiring stories of philanthropy and strength

Brothers,

As you may have heard in the spring, we have dedicated the Summer issue of *THE MASK* to be the Fraternity and Foundation's Annual Report. Along with this information, we wanted to highlight all the great philanthropy that has taken place over this last year. We asked for photos and the Brotherhood didn't disappoint.\* You will find several photo spreads that show our 99 Hands in action in our Provinces, with a special emphasis on what our chapters have done for our national philanthropy, Reach out and Read. Our Brotherhood has pitched in to do some amazing work!

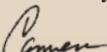
We also continue to find interesting brothers to Unmask. Brother Eric Geyer (Beta Lambda) shares his story of competing in the Leadville 100, a 100-mile trail run through the highest mountain range in Colorado. Brother Geyer was inspired during his run, knowing that for each mile completed he was raising funds for the Kappa Psi Foundation. Eric was able to draw strength as well from Brother David "Big Sexy" Caristi who is recovering from a double leg amputation in April 2017.

Brother Caristi (Boston Grad) shares his inspiring story of the events that occurred leading to his double leg amputation along with his brave road to recovery. Brother Caristi's recovery has led to the formation of a foundation called the SexyStrong Foundation to assist others in need of prosthetics after amputations.

Finally, we have complete coverage of the Leadership Symposium that took place in Fort Worth, Texas, over the summer. Brothers from each of our collegiate chapters gathered to share ideas and learn from influential leaders within the Fraternity. The insight and knowledge they gained will be used to transform and strengthen our chapters.

I really hope you all enjoy this issue of *THE MASK*.

Fraternally,

  
Cameron

\*Unfortunately, due to limited space, not all the photos could be used.

## Kappa Psi Financial Status

Brothers,

From time to time the Brotherhood must learn about the financial stability and underpinning of the Fraternity. I am here to report to you today that the Fraternity is on solid ground for now and into the foreseeable future.

We have had record growth in the past 10 years and with growth comes extra income to support the new programs that have been instituted by the Fraternity. We have more than 7,000 brothers on campus to start the fall term and I am confident that each one of them will look for the best brothers to recruit for admittance into Kappa Psi. The growth we have seen in the past may slow a bit but not enough for us to notice as we continue to be the best in the pharmacy fraternity world. Keep up the good work.

We have been in the black and profitable for many years and this year is no exception. I am presenting the Income and Expense Statement for the past six months of this year. Please look at this report and if any questions are necessary, please contact The Central Office.

Because of the work you have invested in Kappa Psi, the Fraternity has prospered and continues to add new programs and benefits to membership in Kappa Psi.

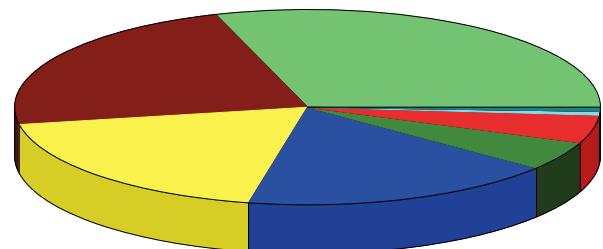
The future is bright because of you.

Johnny W. Porter  
Executive Director

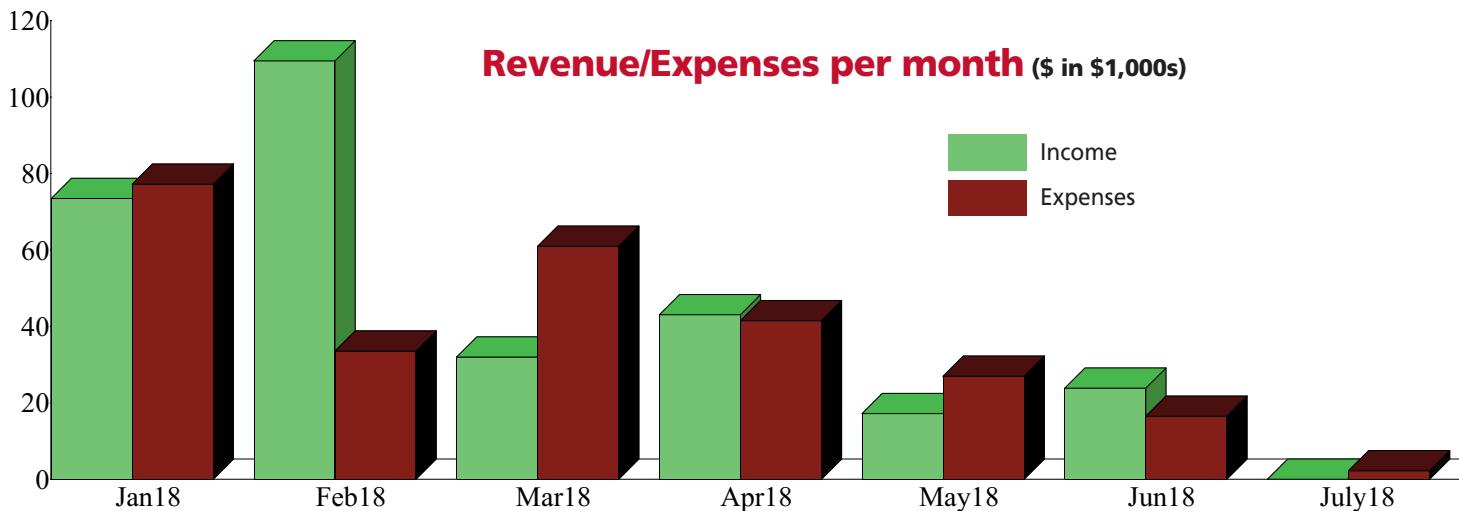


### Expense Summary

January 1 – July 1, 2018



|   |   |
|---|---|
| <span style="background-color: #80c080; border: 1px solid black; padding: 2px;"></span> | Meeting Expenses . . . . 30.17%                 |
| <span style="background-color: #803030; border: 1px solid black; padding: 2px;"></span> | Payroll Expenses . . . . 22.87%                 |
| <span style="background-color: #ffff00; border: 1px solid black; padding: 2px;"></span> | The Central Office . . . . 19.02%               |
| <span style="background-color: #0064a0; border: 1px solid black; padding: 2px;"></span> | THE MASK . . . . 17.65%                         |
| <span style="background-color: #668d4c; border: 1px solid black; padding: 2px;"></span> | Executive Committee . . . . 4.89%               |
| <span style="background-color: #ff0000; border: 1px solid black; padding: 2px;"></span> | Cost of Goods Sold . . . . 4.74%                |
| <span style="background-color: #80c0ff; border: 1px solid black; padding: 2px;"></span> | Grand Council Convention Expenses . . . . 0.66% |
| <span style="background-color: #808040; border: 1px solid black; padding: 2px;"></span> | Reconciliation Discrepancies . . . . -\$15.00   |
| <span style="background-color: #008080; border: 1px solid black; padding: 2px;"></span> | Bank Service Charges . . . . \$0.01             |
| <b>Sub-Total \$258,901.09</b>   |   |



## Grand Council Scholarship Key Winners

Congratulations to the 15 following brothers who had the highest GPA in their class!



John Derringer  
Upsilon



Andrew Spargo  
Upsilon

### Upsilon chapter

John Derringer  
Andrew Spargo



Nicole Carr  
Gamma Kappa



Jack Kerner  
Gamma Kappa



Allison DeLancey  
Beta Eta



Kelsi Hines  
Beta Eta

### Gamma Kappa chapter

Nicole Carr  
Jack Kerner  
Alyssa Larson



Alyssa Larson  
Gamma Kappa



Kayla Harris  
Delta Chi



Ronald "RJ" Jacobs  
Beta Eta



Eric Kinney  
Beta Eta

### Delta Chi chapter

Kayla Harris  
Peter Trapp



Peter Trapp  
Delta Chi



Sarah Rinehart  
Epsilon Beta



Tori Zambito  
Beta Eta

### Epsilon Beta chapter

Sarah Rinehart

### Epsilon Gamma chapter

Alan Nguyen

### Epsilon Epsilon chapter

Niaz Deyhim



Alan Nguyen  
Epsilon Gamma



Niaz Deyhim  
Epsilon Epsilon

# 2018 Fraternity Awards

## 2018 Chapter of the Year!

**Gamma Psi**  
Mercer University  
Atlantic Province

### TOP 10 INTERNATIONAL CHAPTERS

1. **Gamma Psi**—Mercer University Atlantic Province
2. **Beta Chi**—Drake University Northern Plains Province
3. **Beta Epsilon**—University of Rhode Island Northeast Province
4. **Delta Omicron**—Wilkes University Northeast Province
5. **Epsilon Mu**—Univ. of Florida-Orlando Southeast Province
6. **Beta Xi**—University of North Carolina Atlantic Province
7. **Zeta Gamma**—Univ. of Florida-Jacksonville Southeast Province
8. **Epsilon Pi**—Idaho State Univ.-Meridian Northwest Province
9. **Chi**—University of Illinois at Chicago Mid-America Province
10. **Zeta Lambda**—Univ. of North Texas Health Science Center Southwest Province



Gamma Psi chapter brothers clean up their stretch of highway in their usual excellent fashion. Congratulations to Gamma Psi for being named our 2018 Chapter of the Year!

### 2018 winner of the William R. Smith Most Improved Chapter Award

**Gamma Nu**  
University of the Pacific  
Pacific West Province

### 2018 winner of the Frank H. Eby Scholarship Tray Award

**Beta Eta**  
West Virginia University  
Mountain East Province

### 2018 winner of the Nicholas W. Fenney Industry Improvement Award

**Beta Omicron**  
University of Washington  
Northwest Province

### Top Performing Chapters

(Chapters earning at least 85% of possible points and are in good standing.)

**Epsilon**—University of Minnesota Twin Cities Northern Plains Province

**Sigma**—University of Maryland Mountain East Province

**Beta Kappa**—University of Pittsburgh Mountain East Province

**Beta Omicron**—University of Washington Northwest Province

**Beta Pi**—Washington State University Northwest Province

**Beta Phi**—University of Cincinnati Great Lakes Province

**Beta Psi**—University of Wisconsin-Madison Northern Plains Province

**Gamma Delta**—Ohio Northern University Great Lakes Province

**Gamma Zeta**—Samford University Gulf Coast Province

**Gamma Kappa**—South Dakota State Univ. Northern Plains Province

**Gamma Phi**—University of Georgia Atlantic Province

**Delta Delta**—University of Houston Southwest Province



Beta Eta chapter wins the 2018 Frank H. Eby Scholarship Tray Award.



Gamma Nu chapter was named winner of the 2018 William R. Smith Most Improved Chapter Award.

**Delta Zeta**—University of Iowa  
Northern Plains Province

**Delta Lambda**—Campbell University  
Atlantic Province

**Delta Phi**—University of California San Diego  
Pacific West Province

**Delta Omega**—South University  
Southeast Province

**Epsilon Gamma**—Western University of  
Health Sciences  
Pacific West Province

**Epsilon Eta**—LECOM—Bradenton  
School of Pharmacy  
Southeast Province

**Epsilon Psi**—University of Hawaii-Hilo  
Pacific West Province

**Epsilon Omega**—Rosalind Franklin University  
of Medicine and Science  
Mid-America Province

**Zeta Delta**—University of South Florida  
Southeast Province

### The 2018 Grand Council Deputy Outstanding Achievement Award

Gary Van Riper  
Gamma Kappa



Gary Van Riper

(see more in Brothers Unmasked on page 15)

### Most Improved Graduate Chapter 2017–2018

Columbus Graduate

### The 2018 Grand Council Deputy Certificates

The 2018 Grand Council Deputy Certificates of Excellence have been awarded to the following GCDs (in alphabetical order by first name):

**Alana Whittaker**

Delta Tau

**Amy Munemoto**

Beta Chi

**Cynthia Nguyen**

Epsilon Beta

**Deanna McDanel**

Delta Zeta

**Eric Gupta**

Epsilon Gamma

**Harry Patrick Marcellin**

Epsilon Mu

**Jennifer Duncan**

Zeta Gamma

**Louis Williams**

Delta Delta

**Vicky Shah**

Delta Omicron

### 2018 Graduate Chapter of the Year!

Orlando Graduate

#### The 2017–2018 Top 10 Graduate Chapters

1. Orlando Graduate
2. Pomona Graduate
3. Dallas Fort Worth Graduate
4. Iowa Graduate
5. St. Louis Graduate
6. Columbus Graduate
7. Buffalo Graduate
8. Pittsburgh Graduate
9. Savannah Graduate
10. Houston Graduate

BELOW: Orlando Grad Brothers (L–R) Frank Malo, Nickhil Patel, Liem Dang, Amisha Tailor, and Timmy Do participate in the Juvenile Diabetes Research Foundation 5K Walk.



# A Picture Perfect Future: The



Past Grand Regent Lawrence Brown presents during the Leadership Symposium



The first speaker at the 2018 Leadership Symposium, Dr. Stuart Haines.



By Joe Nardolillo, Collegiate Member-at-Large

**On July 26–28**, 11 Provinces, 106 chapters, and 110 brothers converged in Fort Worth, Texas, in a unique experience known as the Kappa Psi Leadership Symposium. Since the inaugural event two years ago, the original Leadership Ambassadors have raved about the close bonds forged, skills gained, and memories made that lasted far beyond the three-day conference. After much anticipation, this year's group proved to be no exception as they learned countless lessons that will strengthen them as individual leaders as well as leaders in their respective chapters. As Collegiate Member-at-Large, I was tasked with collecting testimonials and photos to share on Kappa Psi social media to document this great occasion. In doing this, I witnessed firsthand the bright future to come, as the leaders of pharmacy and Kappa Psi grew before our eyes.

After traveling from all corners of the country, full of anticipation, brothers quickly embraced this opportunity as they dove into a group of strangers, paired off with random roommates, and found themselves instantly connecting with those around them. This was exhibited at the Opening Reception Meet & Greet on Thursday night as minds opened and bonds strengthened over appetizers. The exchange of ideas and per-

sonal stories filled the room with chatter and anticipation for the next two days of growth.

With many of the sessions focused on workshops and the sharing of ideas, our first speaker, Dr. Stuart Haines, Director of Pharmacy Professional Development at the University of Mississippi, challenged brothers early to exercise their minds. By sharing stories of historical figures, and even the Dave Matthews Band, he challenged brothers to brainstorm and concept map different characteristics of leadership exhibited in entirely different ways. "Share, compare, and collaborate" was a theme that filled this session and the whole weekend. Following part one of Dr. Haines's presentation, Past Grand Regent and past APhA President Dr. Lawrence "LB" Brown shared the balance between the pain and pride of leadership as attendees snacked on their last bites of brownies from lunch. Stressing the importance of tough decision making as a leader and the importance of being humble, Dr. Brown's words resonated into the afternoon's sessions.

Following lunch, the brothers worked hard all afternoon putting some of these skills to the test as they developed some of their own acronyms and ways to approach conflict. One brother shared his group's idea, "CALM": Clarify the issue, Agree to the problem, Listen actively, and Manage

# Kappa Psi Leadership Symposium



through. Continuing on, Dr. Meghan Bodenber, associate professor at Butler University, described the importance of flexibility in your career by routes such as job sharing and even pursuing what may look like a “demotion,” which offered multiple outside of work opportunities. By channeling other avenues for revenue and part-time work as a pharmacist, she was the perfect example of balancing a family and pharmacy. Wrapping up the day, Dean Ron Jordan of Chapman University School of Pharmacy and past APhA president shared his newest self-challenge, beating his smart watch step challenges every single day as an example of constant self-improvement when meeting goals.

The banquet Friday evening included a great meal and even better conversation. The main event involved our keynote speaker, Past Grand Regent and Dean Emeritus of the University of Kentucky, Ken Roberts. Past Grand Regent Roberts shared personal stories of his experience as a leader, the nature of pride, and reminded all brothers to “be nice” in all that they do. Brothers received their recognition certificates and leadership badges and quickly showcased them proudly on their chests.

Saturday morning, the brothers wrapped up their educational program with the words of Brett Barker, a pharmacist and mayor, and Louise Parent-Stevens, professor at University of Illinois-Chicago. Dr. Barker dis-

cussed his ability to think outside of the box and channel his passion for pharmacy in an unrelated, yet applicable field—politics. Wrapping up our speaking portion, Dr. Louise Parent-Stevens challenged brothers to budget their time and always make time for those things that fuel their passion.

Before brothers grabbed their boxed lunches and began their goodbyes, Executive Director Johnny Porter, one of the true pioneers of the Kappa Psi Leadership Symposium, had a few parting words that left brothers with a sense of eagerness and motivation to bring back home. He described the badges brothers received at the banquet the night prior by stating, “Wear this new pin proudly, as you are truly our best ambassadors of this Fraternity.”

Personally, I was honored to have met brothers from all corners of the map. Although I heard so many great things about Leadership Symposium from those who participated two years ago, seeing the bonds formed and passion in the eyes of brothers at this year’s event was enlightening and inspiring. In between the countless photos I took for Instagram and Twitter (make sure you follow us!), I saw something special that cannot be captured in a single picture or video. I was fortunate enough to witness the future of Kappa Psi flourish, grow, and innovate. To me, that future looks better than any photo we could’ve captured that weekend. ■

# The Power of 99 Hands: David Caristi's Story

I was supposed to wake up in a recovery room shortly after the amputation surgery. Something had obviously gone very wrong.

There was no 'moment of awakening' or anything like that. As I emerged from the medically induced coma, my brain was trying to process all that had happened to me in those weeks. Those first hours and days were full of confusion, hallucinations, and unfortunately, quite a bit of fear. I wish I could blame Stephen King, detective mysteries, and spy novels for the places my brain was taking me. When I dare to look back at that period of this ordeal, I realize the most terrifying element of it was that it was the only time I felt as if I was going through it alone.

Eventually I noticed faces. My mother, sister, Kappa Psi brother and best friend, Chris Cormier, his beautiful wife Mindy, and their two angels, David and Michael. They seemed happy to see me, but I could tell they were exhausted and emotionally fried.

I was told about the respirator I was on, the paralysis I was experiencing due to muscle atrophy, and the serious complications that occurred.

I had put my life in their hands and they did not let me down. A week before the surgery, when I was diagnosed in the emergency room, I told Chris and he immediately went to work. He and his wife started researching surgeons, hospitals, lawyers, insurance and disability. They called family, Kappa Psi brothers, local friends in healthcare. Mindy even managed my mail and finances.

Chris and my medical 'team' would have meetings with the hospital staff to discuss my treatment. Sometimes things would get pretty heated. During my coma, I don't remember people whispering heartfelt and encouraging things in my ear, but I swear I heard the Nature Boy cussing out some poor doctor or nurse.

One evening, my lungs were not cooperating. I crashed and had to be resuscitated. My mother had to see that. Thank God Chris was there too. She asked him if this was the end of me. He said absolutely not. I will never be able to properly thank him for being there that moment.

Eventually I was strong enough to leave the ICU. I was slowly able to move my fingers and some clever people could read my lips. Chris managed my visitors and kept everyone posted regarding my condition. I even convinced him to slip me an ice chip or two even though it was strictly forbidden.

Before I had the strength to do it myself, Chris would read me messages from the boys of Boston Grad. I was learning how important it is to have the love and support of those you care about the most. I would physically feel stronger and healthier after hearing a brother's voice on the speakerphone or reading the chat group messages.

I was getting messages from Past Grand Regents and brothers I had never met before who had heard about my situation. Past Grand Regent John Grossomanides spent a few months wishing me well with daily prayers and support. When he found out about a pressure ulcer on my sacrum that was driving me mad, he kindly asked for a picture.



*David Caristi tests his new legs.*

I was already great friends with the brothers of Mu chapter and Boston Grad when I was initiated into Boston Grad in 2001. Someone on the outside might ask why bother going through the process; does it really make a difference in your friendship? The answer to me has always been "absolutely." I always want to share that with our brothers. When I began inpatient physical therapy, I again experienced the power of the bond we share as Kappa Psi brothers. From being paralyzed with tubes and wound vacs attached all over me to three hours a day of therapy was a shock. I did everything in my power to refuse to acknowledge the words "I can't." The best way to do that is to think of everyone out there who loves and supports you. I swear there is tangible power that can be tapped from there. A few more repetitions, a few more feet in the wheelchair, absolutely.

By the time GCC started, I was well into my third month of hospitalization. It broke my heart to not be there, but the brothers surprised me again with an outpouring of love that I can never repay. Boston Grad brothers Mike Cournoyer and Joseph Lavino

put together a presentation about me and helped organize an event in my name. Between that awesome act and the hundreds of texts and calls I got that week at all hours, I was recharged with love and motivation to get strong and get home.

When I left the hospital after four months, I was still very weak and had three large wounds that required doctor visits and home health-care. I heal slowly and I must remember to be patient. Patience is even more important now that I am learning to use my prosthetics. If I don't pay attention to my body and take things slowly, then I am likely to suffer setbacks. By now, however, I know exactly where to find strength and motivation when I need it.

One of the most important things I have learned to do is to let people help you. Early into my ordeal a group of Boston Grad brothers decided to create a foundation in my name. The SexyStrong Foundation is a 501(c)(3) charitable organization, with the mission to serve and improve the lives of amputees through community outreach and support with the goal to enhance their physical and emotional health. The SexyStrong Foundation graciously accepts monetary donations from individuals, businesses, and corporations to raise awareness and to meet the needs and improve the lives of those challenged with amputations.

It may have taken the loss of two legs to experience the beauty of 99 helping hands, but I figure the least I can do is try to share what it has meant to me. Kappa Psi has always given me back more than I put into it. The opportunity to express my love and gratitude to the Fraternity and its brothers could not be passed up. Kappa Psi is so much more than a professional tool. Take that from a brother who has felt the power of 'all for one.' ■



Brothers and friends gathered at the home of Chris Cormier to welcome home Brother David Caristi. Brothers pictured in the front row are David Caristi and Shereen Ward (Delta Tau, hugging David) and in the third row far right is Brother Chris Cormier.



David made progress through intense therapy and now will relearn to walk, drive, and function in everyday life.

## SexyStrong Foundation

By Chris Cormier, Mu

Greetings Brothers,

As you may know, our dear friend Brother David “Big Sexy” Caristi received a double leg amputation in April 2017 and due to complications of the surgery spent a month in ICU and many months thereafter in different stages of inpatient rehabilitation. David is now home and able to care for himself while the last of his leg wounds and pressure ulcers heal.

What you may not know are the events that led to the required amputation: After an excursion to Ireland for St. Patrick’s Day, Dave developed a double foot infection after getting some standard issue hiking/sightseeing-type blisters from his boots. He returned home and treated his feet accordingly, doing all the proper first aid and wound care. As days became a week or two and they did not heal, he sought out quick care and a course of oral antibiotics. As this seemed to do the trick, he continued his normal day-to-day and thought not much of it.

Unfortunately, this was no everyday infection, it was a rare strain of MRSA that caused necrotizing fasciitis. So although the wounds appeared to be healing externally, the real damage was occurring beneath the skin. David presented to the ER on a Friday night and by the following Monday was given the prognosis that in order to save his life, both his legs would need to be amputated. We sought second, third, fourth and fifth opinions on this, but his team of specialists were adamant and correct—this was truly a life or limb situation. David, being an intelligent, rational and sane healthcare professional, made the toughest decision of his life and gave the go ahead to perform the surgery.

The surgery itself went off without a hitch but David developed an unexpected complication called Acute Respiratory Distress Syndrome (ARDS). This is his body’s response to the trauma of the amputations and caused his lungs to become inflamed and fill with fluid. Dave was intubated and placed in a medically induced sleep in ICU for almost four weeks while his team of specialists did everything in their power to buy him the time to heal. Once they were able to stabilize him, he was woken up and weaned to a tracheostomy. He made progress every day and slowly regained his ability to move and speak. In June, he had progressed well enough to move to an intermediate care facility where they were able to wean him entirely from the ventilator while focusing on his physical, occupational and speech therapy until he became strong enough to be able to complete three hours of physical therapy a day. At that point, he moved again to a true rehabilitation facility where he continued to focus on healing and exercise to regain the strength and mobility he would need to be discharged and begin the next phase of his life. He was discharged from inpatient physical therapy in August and continues to work with his physical therapists at home and as an outpatient. Currently, David has been fitted for his prosthetics and will have to relearn to walk, drive and function in his everyday life with his new legs.

Big Sexy is the strongest, most focused, determined, stubborn individual I have ever met, and if anyone has the fortitude to overcome this and persevere; it is he. David has an incredible family and friend support network and we implore you all to show your love and support for him through our website: [sexystrongfoundation.com](http://sexystrongfoundation.com) or via Facebook: [www.facebook.com/groups/sexystrongfoundation](http://www.facebook.com/groups/sexystrongfoundation).

The SexyStrong Foundation is a 501(c)(3) charitable organization, with the mission to serve and improve the lives of amputees through community outreach and support with the goal to enhance their physical and emotional health. The SexyStrong Foundation graciously accepts monetary donations from individuals, businesses, and corporations to raise awareness and to meet the needs and improve the lives of those challenged with amputations. ■

## Motivation Through Brotherhood

By Eric Geyer, Beta Lambda

Several years ago, I read a book that motivated me to attempt the Leadville 100, a 100-mile trail run through the highest mountain range in Colorado. After years of training, I put my name in the lottery for this race and was lucky enough to be granted the chance to pursue my dream. Having visited the city of Leadville many times and having finished many of their races, up to and including a 50-mile race over and around mountains, I knew I had a lot of work ahead of me.

At the 2017 GCC in Naples, Florida, I heard the touching story of Kappa Psi Brother David "Big Sexy" Caristi. David had tragically lost his legs after complications that came from hiking in Ireland. I was friends with David on Facebook, after having met him at either a previous GCC or Province meeting, I can't quite remember which. I knew David was a fun-loving brother who always brought positivity and laughter to other brothers. In some of my only interactions with him, he made me laugh and fall in love with his personality. It wasn't until GCC, and the announcement that he had lost his legs, that all of his random recent photos of weight loss and "shark suit tester" T-shirts made sense. David's story really struck a chord with me, because I too love to hike and run. Imagining what my life would be like without the use of my legs is incomprehensible to me.

After hearing about the issues David was facing, I thought to myself, "What could I do to help?" Other brothers were starting a non-profit to help out, but it was not set up as of yet. Knowing David was a diehard brother of our beloved Fraternity, the idea came to me to ask brothers to donate \$1 per mile I completed of the Leadville 100 to the Kappa Psi Foundation. Knowing how tough the race was, and the odds of not finishing it are very high, I thought it would help serve as motivation for me, knowing that other brothers had money riding on me to finish this race, and that money would benefit future brothers. While this didn't directly help David, it did help raise money for something we could both agree on and was tax-deductible for those who donated. In an odd way, David's story was now helping others.

As I got up the morning of the Leadville 100, I had my wife, Julie Anne, write two words on my leg: SEXY STRONG. I knew that I needed every ounce of motivation I could get through what is considered one of the toughest foot races in the world. I knew having brothers bet on me with donations would greatly remind me of why I was doing this when times got tough. I also knew that at some points I would hang my head and look down at my feet while hiking/running up mountains. When I would hang my head, I would see SEXY STRONG written on my leg. This would help remind me that if he could recover from double amputations while smiling, I could get through this. Many other runners asked me why I had these two words written on my leg, and I was able to indulge them with David's story or at least a brief version. Every runner I told was immediately inspired by the story.

After running for 21-plus hours through the Rockies, I unfortunately called it quits at the Half Moon aid station, which this year was at roughly mile 71.5 (the race added about 2 miles in 2017.) I was tired, but I had got my electrolytes out of whack and was having a tough time staying warm. Hypothermia and electrolyte disorders are a real issue in ultramarathon races. I knew this and the pharmacist in me knew that I would have had a beyond miserable time trying to finish this race. I didn't want to stop; others were cheering me on and expecting me to finish, but I had a strong belief that if I kept going, I would permanently harm myself, something I promised Julie Anne I would NOT do. So I sat there in a tent, with heat, in the middle of the Sawatch Mountain range and called it off. Even though I didn't finish, I was proud of myself for attempting this race and super excited I was able to get other brothers to raise more than \$2,000 for the Kappa Psi Foundation. I took a page from David and kept my head held high, knowing I did what most others couldn't and that no matter what I gave it my all.

Thank you SO much to all of those who donated to the Foundation for this run!



Photo courtesy  
of ATHLINKS



Left to right: Brother Dr. Carlos Walker, Elias Nazario, Deanna Cordero Da Silva, Brother Amisha Tailor, and Brother Alyssa Dungca.

## Brothers provide healthcare in the jungle

Earlier this summer, brothers from Epsilon Mu chapter and Orlando Graduate chapter participated in a medical mission trip to Peru. Brothers Alyssa Dungca, Amisha Tailor, and Dr. Carlos Walker traveled to Yantalo, Moyobamba, Peru to volunteer at the Yantalo Clinic, a non-profit foundation located in the Peruvian Amazon Jungle that provides healthcare to the underserved population of the state of San Martin. The Yantalo Peru Foundation was started by Dr. Luis Vazquez and his family in 2005, with the goal being to provide healthcare and education to the Yantalo community and San Martin region. The clinic functions through volunteers who come throughout the year, but also provides continuity of care to the patients with the resident physician who works at the clinic year-round. Representing the University of Florida College of Pharmacy, our brothers worked with fellow pharmacy students, as well as students and professionals from the University of Central Florida Colleges of Medicine, Nursing, Physical Therapy, and Social Work. Over a period of five days, they saw more than 500 patients and filled more than 400 prescriptions. In addition, the pharmacy students were able to counsel each and every patient on their prescriptions, in Spanish no less! They were also able to shadow the other healthcare professionals, such as the pediatricians, family physicians, and surgeons. It was an incredibly humbling and gratifying experience for our brothers, and they hope to use everything they learned in their future practices.

For more information about the Yantalo Peru Foundation and the clinic, please visit <http://www.yantalo.org>.

—Amisha Tailor

## Five brothers selected as interns for Johns Hopkins

Five brothers from varying Kappa Psi chapters are all current interns at the Johns Hopkins Summer Pharmacy Internship program. They all visited the ASHP headquarters where they met and networked with directors and the CEO, toured the building, and learned more about how ASHP is involved with the pharmacy profession.

Kappa Psi Johns Hopkins interns (L-R): Henry Clark, Beta Xi; Minh-Ti (Michelle Ton), Beta Xi; Benjamin Harding, Delta Gamma; Kelly Wright, Epsilon Mu; and Obinna Ekechukwu, Zeta Rho.



## Grand Council Deputy of the Year

### Gary Van Riper

Reprinted with permission from South Dakota State University

A dozen years after he retired from the faculty, Gary Van Riper continues to win awards for the work he does with students.

This summer the assistant professor emeritus from the South Dakota State University College of Pharmacy and Allied Health Professions was awarded the Grand Council Deputy Outstanding Achievement Award by Kappa Psi Pharmaceutical Fraternity. Van Riper has been adviser for 45 years, longer than anyone else in the national organization.

The Brookings resident also has won the adviser of the year award more than anyone else—2005, when it was first presented, 2015 and this year.

When considering chapters' nominations for Adviser of the Year, Van Riper scored a perfect 1,400 points on objective categories like years a Grand Council Deputy, percentage of chapter meetings attended, and number of chapter social events attended.

In addition to Kappa Psi, Van Riper also stays in touch with the South Dakota Pharmacists Association, where leaders are often former Kappa Psi brothers and has served as secretary of the South Dakota Society of Health-System Pharmacists for 44 years.

Suchor wrote, "Gary Van Riper has been a longtime standing role model for all of us brothers. He routinely follows up with the executive board by making sure the officers are ahead of their tasks for the semester. I can't think of a time when he ever missed a meeting or was unprepared for any activity that was going on in the Gamma Kappa chapter."

"GVR always made an effort to make an appearance at nearly every event we had going on throughout the year. He was a major staple in the success of our chapter and our brothers on the collegiate level. His capability to instill a sense of pride of the profession of pharmacy, through Kappa Psi, in fellow brothers is beyond comprehension."

His work in the chapter also is evidenced in awards won by the chapter—five times (1997–98, 2009–11) it has had the best academic record of any chapter. In addition, the chapter has numerous top 10 placings for overall excellence, fueled in part by the group's extensive community service.

# WHEN HARVEY HIT: THE 99 HANDS OF KAPPA PSI

by Erin Chartier

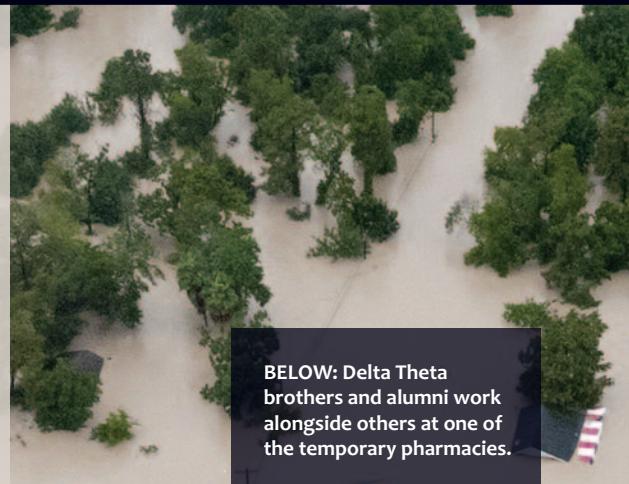
**August 2017** was a time that will never be forgotten in the Port Aransas/Houston/Beaumont and surrounding areas of Texas. From the Category 4 force winds leveling houses and other buildings in and around Port Aransas, to the torrential rain causing severe flooding all over Houston, the damage from Hurricane Harvey devastated areas across South Texas. With a massive storm like this, it was inevitable that some of our brothers faced hardships in the aftermath, with many losing their homes and vehicles. Seeing the remnants of their rooms and pictures of their bedrooms flooding with water truly made us feel helpless throughout the storm, but we stayed true to what we have learned to love and responded as One for All, and All for One.

While these brothers were stuck wondering how to get through the devastation and unsure of where to even begin, the Fraternity at large IMMEDIATELY began showing its support. At the chapter level, the brothers of Delta Delta reached out to help with the cleanup efforts of some affected brothers. Not only did they help with cleanup efforts, but they also designed a T-shirt and connected with a business that would support their mission by providing the manufacturing of these shirts at a fraction of the cost. Brothers all over the nation began purchasing these shirts, and Delta Delta was able to sell about 350 shirts and raise approximately \$4,000. The money raised went directly to the Delta Delta brothers that were affected by this tragedy.

In addition to supporting the brothers who were affected, Delta Delta, Delta Theta, Epsilon Epsilon, and Houston Grad brothers also contributed to helping others in their own outstanding ways. Many invested their time and energy into donation drives and blood drives, and they volunteered at various shelters and within communities around the city. They helped serve food; clean up homes, churches, and land; and ran emergency pharmacies at NRG Arena and the George R. Brown Convention Center in Houston. Delta Theta brothers literally drove around town and found neighborhoods that needed help, gutting and cleaning debris caused by the flood. Even the alumni got into the action with Delta Theta and assisted victims in replacing much needed medications lost in the hurricane.

Meanwhile, the Southwest Province EC started collecting the names and stories of those who were affected in order to determine what help was needed. Little did those individuals know that a national Kappa Psi donation drive was about to kick off, emulating the 99 Hands that we have come to trust. The SWP officers worked with the National EC to promote and further the efforts of this drive, rather than attempting to start one of their own. Once it was all said and done, brothers all over the Nation, inside and outside of the SWP, came together to raise around \$6,000. This money was divided between those brothers who reported to the SWP that they were indeed affected by this historic storm.

Even though Hurricane Harvey tragically devastated many areas in South Texas, and left some of our brothers in desperate need of help, the 99 Hands of Kappa Psi continued to shine bright through it all. The amount of support, locally and from all over the nation, for the affected brothers and the communities was a blessing that will forever be remembered. Even if a chapter was not addressed here, your efforts have not been forgotten. It's heartbreaking when disasters like this happen, but comforting to know and remember that the brothers of Kappa Psi will always be there to support each other and the community.



BELOW: Delta Theta brothers and alumni work alongside others at one of the temporary pharmacies.



Grad Brother Michael Pham helps clean and restore houses in his community.

# SPRING TO ACTION

Photo by AMF Photography/shutterstock.com



LEFT: Delta Delta brothers help out at the temporary pharmacy.

Delta Delta brothers show off the Hurricane Harvey shirts they designed.

Delta Delta and Grad brothers help clean up a local church after Hurricane Harvey.  
Back: Jonathan Tam (Grad), Rohan Dwivedi, Rafael Andujar, Samantha Sangabi; Front: Hang Mui (Grad), Gifty Gyebi, Julie Vu, and Sara Mirjamali.

# Reach Out and Read with Kappa Psi

By Eliana Kurzum and Sanaz Farhadian

We are proud of the partnership Kappa Psi Pharmaceutical Fraternity, Inc. has established with Reach Out and Read since September 2017. In 1989, Reach Out and Read was developed by pediatricians Barry Zuckerman and Robert Needlman and early childhood educators Jean Nigro, Kathleen MacLean, and Kathleen Fitzgerald-Rice at Boston City Hospital (now Boston Medical Center) to “prescribe books and reading aloud as means of fostering the language-rich interactions between parents and their children to stimulate early brain development.” Currently, the program has more than 5,800 program sites and distributes 6.9 million books per year.

## Current Programs and Initiatives

The Reach Out and Read model is broken down into three elements. First, primary care providers are trained to deliver early literacy anticipatory guidance to parents of children 6 months through 5 years of age during well-child visits. Then during well-child visits, the provider gives the child a new developmentally-appropriate book to take home. The program also encourages waiting rooms to be filled with gently-used books or books for siblings to take home. In these waiting rooms, volunteers model for parents reading aloud techniques to very young children.

The program has many initiatives to help target literacy in specific communities as well. These include the American Indian/Alaska Native Initiative to HIS/Tribal/Urban health clinics, Leyendo Juntos for providers who serve Spanish-speaking families, an initiative for military families worldwide, and an initiative to help providers with children with disabilities including speech and language problems and autism spectrum disorder, to name a few.

## Lending 99 Hands

Book drives, fundraising, book donations, and volunteering to read to children is just a few ways we can make an impact. The simplest and most time efficient way to help Reach Out and Read is to participate in a virtual book drive. A mere donation of twenty dollars will donate four books to a child at a Reach Out and Read affiliate. Reach Out and Read is always accepting monetary donations on their Web site as well. When donating to Reach Out and Read via their national Web site (<http://reachoutandread.org>), please make sure to denote your Kappa Psi Chapter code. Physical book drives collecting new or gently-used books for drop-off at a local site are always appreciated!

Other ways to donate include sponsoring a provider's office site. In doing so, brothers can revamp and restyle reading corners in physician offices to make the space more inviting for reading while waiting to be seen. Brothers may also volunteer their time at a provider's office to read out loud. The Fraternity encourages all creative ideas and welcomes any input from chapters.

To document activities for Reach Out and Read other than online donations, please complete a Google form found at this address: <https://goo.gl/forms/l38VQk7VmATsUXdM2>.

## Actions into Results

For the past several months, brothers from all over the country have been contributing to this organization with an overwhelming impact. Physical book collections have led to donating 1,318 books! Through the virtual book drive, Kappa Psi has currently raised more than \$10,000 for the organization in nearly six months. That's a total of 2,000 books from the virtual book drive alone!

Where does your Province stack within our province challenge?

### VIRTUAL BOOK DRIVE DONATIONS THROUGH 7/16/18

| Province               | Donations       |
|------------------------|-----------------|
| Atlantic               | \$451           |
| Great Lakes            | \$4,390         |
| Gulf Coast             | \$190           |
| Mid-America            | \$110           |
| Mountain East          | \$314           |
| Northeast              | \$250           |
| Northern Plains        | \$1,924         |
| Northwest              | \$60            |
| Pacific West           | \$1,420         |
| Southeast              | \$236           |
| Southwest              | \$890           |
| <b>KAPPA PSI TOTAL</b> | <b>\$10,235</b> |

| Brother Breakdown     |
|-----------------------|
| Collegiates \$5,707   |
| Graduates \$2,090     |
| Province only \$2,438 |

## Exciting Next Steps—Service Grant Competition

The Philanthropy Committee is currently gearing up to announce 10 \$1,000 grants to chapters who apply. The grant money must be used to further expand our affiliation with Reach Out and Read. Full details are



Brothers of Houston Graduate participated in the Southwest Province Reach Out & Read philanthropic event. Brothers collected books and made cash donations.



*Dallas Fort Worth Graduate brothers at the Southwest Province assembly donated \$210 through the Virtual Book Drive and spent over \$100 in book purchases. In addition, the chapter has donated 40 books towards Reach Out and Read.*

*LEFT: Psi brothers host first Knoxville book drive for Reach Out and Read. (L-R): Tyler Egawa, Elizabeth Pollard, Racheal Bailey, and Kelsey Bickel.*

expected to be announced by mid-September. For any other questions about Reach Out and Read or any philanthropy efforts, please feel free to e-mail [philanthropy@kappapsi.org](mailto:philanthropy@kappapsi.org). In addition, please send pictures of all of your philanthropic adventures. To learn more about Reach Out and Read as an organization, visit [reachoutandread.org](http://reachoutandread.org).

## Other Philanthropy Efforts

We would also like to take this opportunity to recognize the amazing contributions our brothers have made to other philanthropic causes. Our brothers have participated in projects with local food banks, the Ronald McDonald House, the Leukemia & Lymphoma Society, and Hurricane Harvey relief, just to name a few. It truly is amazing what we can do together!

Based on Chapter Progress Report forms submitted by April 2018 from 83 collegiate chapters and 22 graduate chapters, not including Reach Out and Read philanthropy: Kappa Psi has raised \$107,945 and volunteered 58,990 brother hours.



*Beta Chi brothers proudly raised \$195 and donated 229 books to the Northern Plains Province Reach Out and Read philanthropy event during their spring 2018 Province assembly. Beta Chi also held a Reach Out and Read book drive on campus and received 88 books to donate to the Iowa chapter of Reach Out and Read. (L-R): NPP Historian Kelly Beneke, NPP Chaplain Kyle Lyons, and Beta Chi Brother Claire Monzel.*

\* Information for most common donation areas gathered from April 2018 Chapter Progress Report Forms

# Our 99 Hands in Action / Atlantic Province

## Beta Xi Raises \$900 for Heart to Heart

Despite the end of a busy school year, Beta Xi did not slow down when it came to fundraising, participating in philanthropic events, and bringing Kappa Psi brothers together. We co-hosted our fourth Mr. Pharmacy event which raised \$900 for Heart to Heart International. This organization provides relief from natural disasters and improves health access across the globe. Numerous male members of the pharmacy school participated, but this year, our own brother, Kevin Tran, was awarded the title of Mr. Pharmacy. Brothers of Beta Xi also volunteered at the UNC Children's Hospital by playing with the pediatric patients and making inspirational cards.

During the Atlantic Province summer assembly, also hosted by Beta Xi, a philanthropy activity was held to bag nutritious meals for TABLE, a non-profit organization based in Carrboro, North Carolina that works to provide fresh meals to children who are food-insecure. Additionally, a free CE was given by Brother Dennis Williams on what to consider when treating infectious diseases.



The brothers of the Atlantic Province have a commitment to find a way to give back to the communities holding our assemblies and events. The Atlantic Province chapters were able to collect a total of 3,402 food items and \$124 in donations for TABLE during this summer's assembly. TABLE is an organization that focuses on providing nutritious meals to children ages 3-14. The breakout session event included brothers racing to bag a balanced serving of our donated goods that were donated at the assembly's conclusion.



Vraj Patel and Co. entertain the crowd during the Mr. Pharmacy competition.



Epsilon Phi brothers participate in the chapter's quarterly Adopt-a-Highway Road Cleanup.

of tuna or chicken  
ola bars  
small prepackaged bag of pretzels, goldfish, trail mix, or raisins, etc.)  
top-top can of fruit or squeezy fruit pouch (not fruit cup)  
ual juice box (or shelf-stable individual milk box, found in the juice aisle)



Gamma Phi brothers gather trash in the park and along the side of the road as part of Georgia's adopt-a-highway program. (L-R): Colton White, Jay Adams, Arvin Salmasi, Myles Sowell, Kobby Amoah, Daniel Padron, Hyland Braddy, Tony Thomas, Cody Smith, Ange Tetsadjo, and Jake Stamey.

Delta Lambda brothers serve food (and smiles) during a birthday party at the local nursing home.



Epsilon Delta brothers volunteer at the monthly Feed My Sheep event which provides healthy meals, along with basic health services to the underserved population in Buchanan County. Brothers not only provided the community with food, but also free blood glucose and blood pressure checks.



Zeta Xi brothers volunteer with SHADES of Development, a safe afterschool program that helps motivate kids to be more active in creative activities, such as arts and crafts.



Epsilon Zeta Brothers Stacie Parker, Alexis Stumbo, and Rachel Thomasson at the Tri-Cities Relay for Life.

# Our 99 Hands in Action/Great Lakes Province



ABOVE: With the help of Xi chapter, Columbus Grad donated 38 books to Reach Out and Read which will be distributed to Central Ohio pediatricians' offices. The books will be given to families to help develop reading and language skills.



RIGHT: Gamma Delta Brothers Julia Pinciotti (left) and Jenna Giacomin (right) spent two days this past semester swabbing students for the DKMS Bone Marrow Drive, which was started in honor of Brother Ryan Kates.



Great Lakes Province brothers who attended the Leadership Symposium in Texas this past summer were: Front Row: David Bermudez (Mu Omicron Pi), Charles Lam (Beta Lambda), Brooke Bennett (Gamma Chi), Colette Rzeszutko (Gamma Delta), and Shivali Singh (Zeta Epsilon). Back Row: Casey Metts (Upsilon), Elizabeth Posney (Xi), Jake Hoferer (Beta Phi), Adam Alexander (Epsilon Theta), and Madison Olivia Poteet (Epsilon Theta)



Zeta Epsilon brothers do their part with A Kid Again at Progressive Stadium. A Kid Again is an organization dedicated to fostering fun memories in families whose children have life-threatening illnesses. Some of the duties involved escorting families to seats, getting their food or drinks, and spending time with the families. Later in the summer, Zeta Epsilon volunteered and sought donations for NEOMED's eighth annual golf classic. This event, hosted by the school, is dedicated to raising funds for student scholarships. Also, Bhavika Patel worked with others to help spread awareness and raise donations for the Reach Out and Read organization.

In May, Xi chapter and friends formed two teams and raised more than \$1,000 for Crawl For Cancer, a fundraising organization whose proceeds go to charities benefiting cancer survivors and cancer research. This year, recipients of funds included Camp Kesem, Columbus Cancer Clinic, and Families for a Cure.

Mu Omicron Pi Brothers Zack Mueller and Ryan Caputo serve at Gleaners Community Food Bank of Southeastern Michigan in Detroit.



# Our 99 Hands in Action/Gulf Coast Province



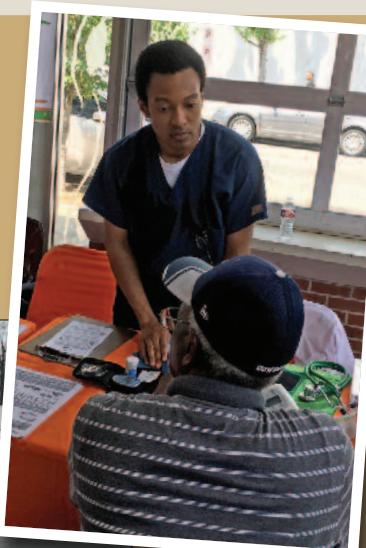
Gulf Coast Province Satrap Julianne Willis and Philanthropy Chair Wade Dickerson, present Dr. Richard Glaze (center) with the Province's donation to Reach Out and Read.

## Gulf Coast Province supports Reach Out and Read during the summer assembly

The first weekend of June in Auburn, Alabama, was warm, rainy and exciting for the brothers of Gulf Coast Province. They were gathering to engage in business and brotherhood at the biannual assembly meeting, hosted by Delta Gamma chapter. Sixty-eight collegiate and graduate brothers were in attendance. During planning for the summer assembly philanthropy event, it was agreed donating books to a local Reach Out and Read program would most effectively further the Province's goals. Furthermore, it would provide the most benefit to children in the Auburn/Opelika area. Thanks to the work of the GCP Philanthropy Committee and statewide Reach Out and Read coordinator Polly McClure, RPh., a local clinic gladly agreed to accept a donation of books. Dr. Richard Glaze, a pediatrician, came and spoke to the brothers as a token of gratitude. He highlighted the importance of charity and discussed the impact the donation would have on the children of the community. As Dr. Glaze said, "Some of these children are just as likely to have illicit substances in their home as books." The Pediatric Clinic of East Alabama has operated a Reach Out and Read program in Opelika, Alabama for the past seven years. Every year, they prescribe more than 3,000 books to children between the ages of 6 months and 5 years. The brothers of Gulf Coast Province take their motto seriously. Thanks to their industry and support, 61 books were donated and new ground was broken in support of the national philanthropy. —Wade Dickerson



LEFT: Epsilon Lambda volunteered with the Bridge Ministry in Nashville. This non-profit group focuses on providing food and clothes to the needy. Kappa Psi brothers served the needy under the Jefferson Street Bridge. Brothers helped serve hot meals, pass out clothes, and distribute toiletry and grocery items. Brothers also served in The Bridge Ministry Warehouse helping sort and organize supplies.

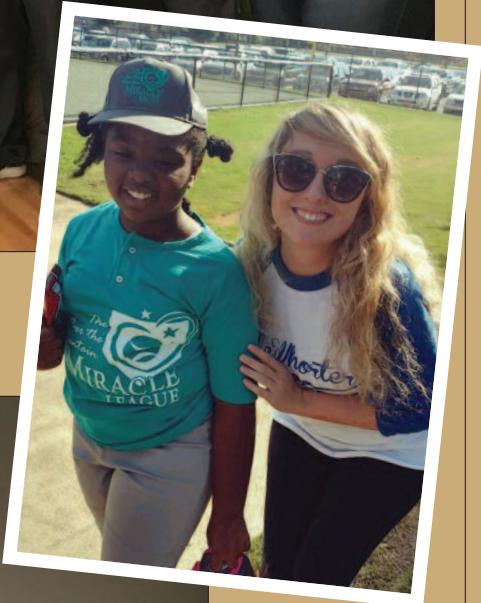


ABOVE: The brothers of Gamma Omega partnered with Synergy Saturday and hosted a screening in the downtown Little Rock River Market, providing blood pressure readings and blood glucose checks. Here, Arthur Shaw (right) counsels a patient.



The Beta Rho chapter finished the spring semester with a trip to Batson Children's Hospital, located in Jackson, Mississippi. Brothers were able to visit with children, read books and play games with them, and make a \$325 donation along with about 100 books. Pictured here (L-R) are Brothers Garrett Rogers, Robby Ross, Dylan Ware, Russell Williamson, Nicholas Westbrook, Hinton Havens, Cain Young and Britney Walters.

**Delta Gamma brothers prepare and deliver homecooked meals to their PPE patients.**  
Pictured (L-R): Ben Harding, Dylan Skipper, Chelsy Palmer, Hayes Turner, James Holland, Adam Archer, Fuller Currie, Holly Clark, Gavin Hutson, and Allis Hamby.



ABOVE: Gamma Zeta Brother Natalie Pickle helps to make The Miracle League event a success.

The Miracle League is an organization dedicated to making sure that everyone is afforded the opportunity to play baseball.

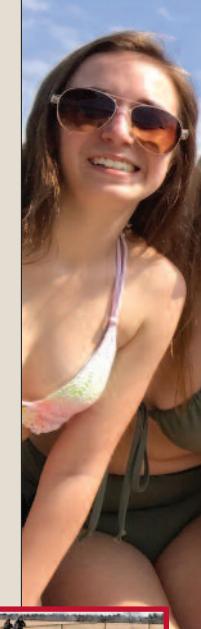
# Our 99 Hands in Action / Mid-America Province



Beta Upsilon brothers keep the Indianapolis community beautiful during their annual Canal Cleanup.



Delta Nu brothers help pack food for Feed My Starving Children. The chapter typically participates in 1–2 of these food packing events every quarter. The brothers have a great time giving back to their community!



Epsilon Rho Brothers Eric Zelhofer, Cassidy Joy, Jacquelyn Punches, Amolee Patel, Morgan Bollech, Jaimie Hurd and Sarah Vandermillen participate in the Polar Plunge benefiting the Special Olympics Illinois this past March. This event has become an annual tradition that the chapter looks forward to.



Rho chapter was constantly on the go with many philanthropy events this past spring semester. In February, they had a Kappa Psi Crush drive for Valentine's Day. Students could purchase candy and flowers and write an anonymous note for peers throughout the school. They passed out the treats before class and people were both excited to give and receive them. In March, we had a fundraiser called "Pie a Kappa Psi" which takes place on Pi Day every year. Brave professors and Kappa Psi brothers were pied in the face to raise money for the Elizabeth Glaser Pediatric AIDS Foundation. They raised \$230 in just one day! Throughout April, they promoted a book drive benefiting Reach Out and Read and were able to collect 45 books for the children in need.



Gamma Pi Brother Sarah Noble and STL Grad Brothers (L-R) Belma Muharemovic, Brandon Corpener, Dainielle Fox, Lauren Palmier and Melanie Williams have dinner together at a Panera Bread percentage night fundraiser for Reach Out and Read.

St. Louis Graduate has been busy with philanthropy this year. In December, they adopted a local family in need for Christmas and raised \$400 to purchase gifts and gift cards for the family. In addition, graduate brothers have participated in local Red Cross blood drives through the year and assisted with Gamma Pi's St. Baldrick's event in March, raising hundreds of dollars to assist the collegiates in their efforts.



## Mid-America Province holds first Leadership Retreat



Brothers,

I was happy to represent Chi at the inaugural Mid-America Province Leadership Retreat and create lasting memories with brothers from the Pi, Rho, Gamma Pi, and Zeta Mu chapters. In addition to spending the weekend at a beautiful cabin in Missouri, we spent time bouncing ideas off each other while aboard a boat on Table Rock Lake. We covered everything from rush events to fundraising opportunities. I was enlightened by the differences in the way each chapter functions and impressed by the visions that each brother had for the future of Kappa Psi. We learned what big "L" vs. little "l" leadership entails and discussed how to "motivate the middle," which is a strategy that leaders use to get more people engaged in their organization's mission. I loved being surrounded by such an enthusiastic and passionate group of brothers. We all went home a little tanner and a little wiser that weekend, and I can't wait to see them all again in Chicago at the Mid-America Province assembly in the fall. Special thanks go to MAP Satrap Matt Holderly and MAP Secretary Rebecca Mousseau for hosting a successful inaugural MAP Leadership Retreat.

—Crissel Marie Arban



These brothers represented the Mid-America Province at the Leadership Symposium this summer. We welcome these new Leadership Ambassadors! Front Row: Jenna Sapasap (Chi), Ryan Yoo (Pi), Mickey Hathuc (Epsilon Omega), Caleb McLeod (Gamma Pi), Tonya Reid (Epsilon Upsilon), Olivia Knack (Delta Nu). Back Row: Seth Schiffbauer (Epsilon Rho), José Ortiz (Epsilon Omega), Taylor Deters (Beta Upsilon), Taylor Mize (Zeta Mu), and Collin Wright (Rho).



# Our 99 Hands in Action/Mountain East Province

## Sigma finds success in traditional fundraising events

At the start of the semester, Sigma brothers collaborated with APhA to host a 5 v 5 Interprofessional Dodgeball tournament to support American Heart Month. It was a great way to bond with the brothers and promote the positive impact of exercise on the heart.

Early spring, the chapter hosted one of its biggest events, the 14th annual Kappa Psi Wing-A-Thon. All of the proceeds (\$600) from this wing-eating contest went to "Reach Out and Read" to encourage early childhood literacy. Sigma brothers also helped plan, gathered sponsorships, and hosted the chapter's 12th annual Drug Name Spelling Bee. It was a great way to show off your drug knowledge! All the proceeds collected were donated to the Leukemia & Lymphoma Society of Maryland.

*The 2018 Wing-A-Thon Team Champions devoured a combined 211 wings in 20 minutes! Congratulations to Brothers Lawrence Tang, My Ngo, Raisha Nagar, Simon Kim, and Kevin Pacquin!*

Epsilon Nu's signature event, the "Chocolate Roses" fundraiser, provides individuals with the opportunity to "spread the love" to their friends and family on Valentine's Day. A portion of the proceeds from the 2018 sales were donated to support the local Meals on Wheels program.



Brothers of Maryland Eastern Shore Grad join Epsilon Nu brothers to make blankets for Project Linus.



Maryland Grad brothers volunteer at Baltimore's Moveable Feast to provide nutritious meals for those suffering with HIV/AIDS, cancer, or other serious illnesses. (L-R): Stephanie Davis, Paul Ortiz, Loc Truong (4Y Sigma brother), Kevin Tang, Andrew Haines, and Sophia Park.



Delta Kappa Brothers Tobias, Msengi, Cawthrone, Bayo and Daniels help to pick up trash around the neighborhood.



Beta Kappa brothers prepared dinner at the Family House, which provides housing for patients and families receiving medical care in Pittsburgh.

Epsilon Omicron has had a year full of philanthropy! They collected different ideas at the start of the semester and had a variety of events that they tried and will continue for the following year. D'Youville College School of Pharmacy is located in downtown Buffalo, so the majority of their philanthropy focused on the people in that area. One of the most successful projects was "Easter Eggs and Hugs." Epsilon Omicron brothers joined together to make Easter goodie bags for 80 kids in the nearby community center. The faces of these kids left them speechless and they were so thankful for all the chapter did.



(L-R): Zeta Kappa Brothers Josh Cox, Jared Elliot, alumnus Dr. Robert Stanton, Jessica Richmond, and Corey McPherson celebrate Red Nose Day.



From organizing a day to play board games with veterans to building a clothing drive for the local Harmony House, Zeta Kappa has been very busy with philanthropy this semester. However, there always comes a time for a bit of fun, but there's no better way to have fun than knowing you're helping out a child in poverty. Each year in late May, they come together to wear the Red Noses that have been purchased during the year to celebrate Red Nose Day. Thanks to the purchases and activism the Red Noses have brought forth over the past three years, \$100 million dollars has been raised and 8 million children have been helped.



These Mountain East Province brothers attended the Leadership Symposium in Texas this summer and became certified Kappa Psi Leadership Ambassadors! Left to Right: Henry Tran (Sigma), Ralphaelia Atelefack (Epsilon Nu), Yoon Na Choi (Sigma), Tracy Nasr (Epsilon Omicron), Michael Norton (Delta Epsilon), Kim Dao (Beta Kappa), Brock Lomax (Beta Eta)

# Our 99 Hands in Action/Northeast Province



Providence Graduate chapter Community Service Award.



## First Beta Epsilon Spring Classic Golf tourney is a success!

This past spring, Beta Epsilon hosted its first St. Jude Spring Classic at Laurel Lanes Country Club in West Kingston, Rhode Island. The first annual St. Jude Spring Classic included 72 golfers from local and regional areas and was a tremendous success. Brothers from near and far traveled to Laurel Lanes Country Club in order to support two main charities, as well as the brothers of Beta Epsilon. The charity golf tournament was spearheaded by third-year Pharm.D. student Garret Carmichael and raised more than \$4,500. Proceeds from the event benefited St. Jude Children's Research Hospital and the Kappa Psi Pharmaceutical Foundation. Next year's St. Jude Spring Classic is currently scheduled for April 28, 2019, with hopes of increasing participation from 72 to 100 golfers, in addition to raising sponsorship numbers from 21 to 35. Next year's golf tournament will benefit St. Jude Children's Research Hospital as well as Reach Out and Read. If any brother is interested in playing in next year's golf tournament or would like to contribute in some way, please contact Garret Carmichael by phone at (978) 590-6086 or by e-mail at [garmichael@my.uri.edu](mailto:garmichael@my.uri.edu).



On May 7, 2018, Zeta Iota chapter held its graduation ceremony for their Beta Class. Zeta Iota wishes them all the best of luck on their future careers!

Delta Omicron brothers volunteer at a local animal shelter called Blue Chip Farm. Brothers regularly volunteer at the shelter while also hosting a "Pies for Puppies" schoolwide event in the spring semester that raises money for the shelter.



# Kappa Psi dues paying brothers and contributions to the Fraternity



## Platinum Level

Edward Roche  
Craig Runyan

## Gold Level

Douglas Anderson, Jr.  
James Barnett  
TJ Chapman  
Ravi Desai  
Christopher Miller  
Dominic Solimando, Jr.  
Eric Tsuji

## 99ers

Teresa Anderson-Haag  
Daryl Balluff  
Johnathan Bradford  
Hilary Brown  
Melissa Buchanan  
Norman Campbell  
Catherine Collins  
Mark Court  
Patrick Dougherty

Johnnie Early  
William Fitzpatrick  
Jaclyn Giunta  
Ted Gladson  
Michael Graubart  
Anthony Harris  
Michelle Hatchett  
Christine Heng  
Jeremy Hillman  
Tina Horsky  
John Hutchison  
Dylan Krawczyk  
Matthew Lacroix  
Steve Lundeen  
David Maize, Jr.  
Robert Mancini  
Arthur Marinaro  
Trisha Miller  
Jessica Morris  
Cynthia Nguyen  
Aaron Nixon  
Robert Nunan  
Paul Petrillo  
Stephen Platou  
Gary Takher  
Jonathan Terry  
John-Michael Thomas  
James Upson  
Johnny Wong  
Gregory Zumach

## Alumni Dues

Garrett Aikens  
Nicole Anidiobi  
Lauren Aragon

Jacob Arslanian  
Christina Askew  
Jordan Ballou  
David Bao  
Brett Barker  
Lawrence Barnes  
Randy Bitikofer  
Anthony Bray  
Jeffery Bullock  
Katura Bullock  
Jennifer Cardines  
Nathan Charpentier  
Suluck Chaturabul  
Nha Judy Chau  
Emilyn Chee  
Chen Chen  
Jennifer Chisum  
Andrew Crowe  
Robert Davio  
John DeAngelis  
Patrick Del Rosario  
Melanie DeTone  
Morgan Deweese  
Fernando Diggs  
Amanda Do  
Thang "Timmy" Do  
Sean Donahoe  
Rachel Dorsey  
Chuma Duru, Jr.  
Corey Edwards  
Philip Eisenberg  
Chisom Ejekam  
Sanaz Farhadian  
Esther Fasanmi  
Cody Faubion

Allison Fay  
Teresa Fernandez  
Farrell Fort  
Christina Garcia  
Dante Giordano  
Caitlyn Girvin  
Gabriel Gonzaga  
Justin Graff  
Adam Gregg  
Shauna Gregg  
Ryan Gries  
Jennifer Guerrero  
Kelly Gulbrandson  
Melinda Ha  
Emily Hailstone  
Ashley Hall  
Harvey Hanel  
Lisa Hanlon Wilhelm  
Danielle Harris  
Kyle Hedquist  
Howard Hendrickson  
Kayla Hill  
Angela Ho  
Karen Hoang  
Chelsea Hocker  
Hal Hocker  
Angela Hogan  
John Horner  
Michelle House  
Patrick Hryshko  
Kevin Hutchinson  
Jennifer Ito  
Stephanie Jacob  
Yuri Kang  
Christopher Kantenga

Kellie Kocher  
Jason Lam  
Ronald Lamb  
Pio Juan Lansangan  
Jonathan Lee  
Chris Lehmer  
Christopher Lin  
Belinda Mang  
Norman Mang  
Harry Marcelin  
Steve Martin  
Cheryl Maslouski  
Deanna McDaniel  
Vernon Miller  
Jason Milton  
Kate Miyamoto  
Christyn Mullen-Lee  
Amy Munemoto  
Linda Ngo  
Cynthia Nguyen  
Jacqueline Nguyen  
Neviah Nguyen  
Elizabeth Nkwocha  
John O'Dwyer, Jr.  
Michael Pastrick  
Geoffrey Pesanka  
Donna Phan  
John Pietkiewicz  
Jeffrey Rabe  
Brandi Rausch  
Brian Reisetter  
Zachary Renfro  
Zachary Russell  
Mark Sabillo  
Jami Schell

Samantha Schmidt  
Paul Schwartzmyer  
Sheryce Scott  
Michael Seifert  
Porscha Showers  
Darrin Silbaugh  
Andrea Smith  
Jeremy Smith  
Peter Somerville, Jr.  
Don Stark  
Jean Starvaggi  
Michael Starvaggi  
Sheryl Thedford  
Keon Thomas  
Donald Thompson  
Kirsten Tobbe  
Tiffany Tu  
Meagan Tycz  
Ogechi Ubanyionwu  
Samuel Ubanyionwu  
Liz Van Dyke  
Ashley Varhol  
Felicia Villaroman  
Jay Vora  
Ann Vu  
Steven Wagner  
Julianne Willis  
James Wilson, Jr.  
Matthew Witry  
Christopher Wood  
Ashley Yarabinec  
Daniel Yarabinec, III  
Sora Yoon  
Aaron Zajicek



Brothers from the Northeast Province who attended the Leadership Symposium this summer show their certificates of completion. Front Row: Yoola Kim (Zeta Zeta), Antonia Gobo (Delta Omicron), and Katrina Manansala (Zeta Pi). Back Row: Soo Han Yoon (Gamma Lambda), Zach Rebollido (Beta Omega), Cody Hutchins (Delta Chi), Chidera Nwanna (Zeta Beta), Teddy Hamilakis (Nu), Michael Burkett (Beta Epsilon), and Jaspreet Bhullar (Zeta Pi).



## NPP book drive is a huge success!

The summer kicked off with the first Northern Plains Province Regent Retreat in Minneapolis, where eight chapters and more than 20 brothers spent the day getting to know one another, brainstorming innovative ideas, and participating in team building activities. They had the pleasure of learning from Grand Vice Regent Christy Askew, Becky Fahrenbruch, and several NPP executive members. Going forward, this retreat will be an opportunity to foster relationships and continue to better the Province and Kappa Psi as a whole. The day was graciously organized by NPP Vice Satrap, Kaya Borg. A huge shout-out to all the Minnesota Grad brothers who opened their homes to anyone in need of a place to stay.

Delta Psi hosted the Northern Plains Province assembly in April where they put together a Reach Out and Read philanthropy activity. All chapters and guests were given points for bringing in children's books, as well as cash donations to be used for book purchases. It was a huge success! A whopping 781 books and \$1,797 in cash was collected! The books and money were donated to St. Luke's Hospital pediatrics in Duluth, Minnesota. This success exceeded the chapter's wildest expectations, and St. Luke's was extremely grateful for the donation.

Delta Psi hosted the spring 2018 Province assembly and Beta Chi won the traveling trophy as well as the philanthropy award. This year's philanthropy event was Reach Out and Read, organized by Claire Monzel and Kyle Lyons, co-chairs of the Leadership and Professional Development Committee. Thanks to everyone who made monetary and book donations. The Province crushed their goal!

These Northern Plains Province brothers traveled to Fort Worth, Texas to attend the summer Leadership Symposium. Front Row: Kaila Kuehn (Gamma Kappa), Sarah Michal (Beta Sigma), Kaytlyn Kramer (Zeta Theta), and Arianna Johnson (Beta Chi). Back Row: Elizabeth Langenstroer (Beta Psi), Andre Wilt (Gamma Epsilon), Brittany Bittner (Delta Zeta), Collin Amundson (Beta Psi), Melanie Breuer (Delta Psi), and Seojung Kang (Epsilon)





Delta Zeta had the opportunity to volunteer at a Healthy Athletes event for the Special Olympics Mid-Winter Tournament. Brothers took blood pressure and measurements of height and weight. Based on individuals' results, brothers were able to provide lifestyle interviewing, education, and recommendations.



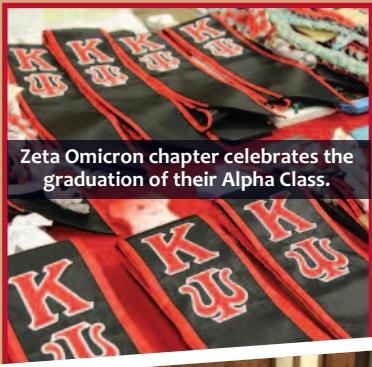
Gamma Kappa chapter hosted a Medical Professions formal as one of the several philanthropic events they host throughout the year. South Dakota State University is home to many medical professional students, including nursing, pre-med, dietetics, medical laboratory sciences and of course, pharmacy. All were invited to join the Medical Professionals formal promoting the fight against heart disease in America. To help make this event a big success, the chapter partnered with many local businesses to sponsor donations of prizes and gifts. After dinner, Dr. Teresa Seefeldt, the acting assistant dean for academic affairs, gave a presentation about her research into heart disease. Dr. Teresa Seefeldt is conducting research in the regulation of thiol redox state in cardiomyocytes and the development of models of thiol oxidative stress in cardiomyocytes. Gamma Kappa raised more than \$900 for the American Heart Association from ticket and raffle sales. The evening was great fun, including lots of dancing and games.



Beta Chi brothers help out at Meals from the Heartland, a non-profit meal packaging service that helps people in the United States and around the world.

Beta Psi brothers were active in the community, particularly through Ronald McDonald House fundraisers.

# Our 99 Hands in Action / Northwest Province



Zeta Omicron chapter celebrates the graduation of their Alpha Class.



Zeta Omicron brothers seal meal packages for the Feed My Starving Children philanthropic event. Feed My Starving Children is a non-profit organization that coordinates the packaging and distribution of food to people in developing nations. Founded in 1987, it has reached out to more than 70 countries worldwide. This was a great bonding experience where brothers packaged meals for those in need.



Epsilon Xi brothers volunteer at Pacific University's health fair to provide free health screenings and medication review for the public. Brothers also fundraised for the Doernbecher Children's Hospital through their annual Penny Wars with Phi Delta Chi and through a raffle fundraiser. In addition to the joint fundraiser with Phi Delta Chi, Epsilon Xi brothers competed with them in the annual Greek Olympics. Kappa Psi took the gold this year!



Zeta Omicron brothers traveled to Henderson, Nevada to join their sister campus, Delta Tau, for a fundraising/philanthropic event called Dodge for a Cause. More than \$650 was raised. It was then donated to the Helping Hands of Vegas Valley. The chapter was very grateful for their hospitality and such a good experience. At the end of March, many Zeta Lambda brothers attended PacWest Province Assembly in San Diego and had a wonderful time. They sold a bunch of Kappa Psi swag and made \$575 in profit.





Epsilon Chi Brothers Victor Nguyen, San Tran, and Omeid Vadipour display their artistic prowess as they decorate boxes filled with resources to help Utah families who were affected by suicide. The boxes are distributed by the Suicide Prevention Coordinator for the Utah Department of Human Services. To date, Epsilon Chi brothers have decorated and assembled 70 boxes to send to grieving Utah families to help them through their time of sorrow.

**RIGHT:** Epsilon Pi brothers frequently volunteer at the Ronald McDonald House in Boise, helping keep it clean for the families who stay there while their children receive medical treatment.  
**(L-R):** April Smith, Megan LaCrone, Gina Huang, Maribel Rincon, Melvina Lake, Lindsey Catlin, and Jennifer Martin.



**Northwest Province**  
**brothers show their**  
**certificates of**  
**completion at the end**  
**of the Leadership**  
**Symposium in Texas**  
**this summer.** Front  
**Row:** Tayler Daniels  
**(Epsilon Pi), Presley**  
**Whetman (Epsilon**  
**Chi), Isabelle Wong**  
**(Epsilon Xi)**  
**Back Row:** Audrey  
**Oleson (Beta Pi),**  
**Rachel Belcher (Zeta**  
**Omicron), Sarah**  
**Dykstra (Gamma Eta),**  
**Jeffrey Lew (Beta**  
**Omicron)**



# Our 99 Hands in Action/Pacific West Province

## Delta Phi brothers put up big numbers in philanthropy

RIGHT: Delta Phi chapter split into families for a team competition to gather donations for Reach Out and Read. The Delta family took the cake for most books donated out of all families in the Delta Phi chapter. In total, the chapter was able to donate \$1,000 worth of books to the Reach Out and Read fundraiser, providing 200 children with brand new books.

The Delta Phi brothers also spent a Saturday bagging carrots and boxing food packages at the San Diego Food Bank to provide 39,584 meals to the San Diego community.



(LEFT) Delta Phi brothers were joined by San Diego Grad brothers. Pictured is SD Grad regent Corey Edwards, friend Jenna Clayton, and Brother Sanaz Farhadian. The total of 88 collegiate and grad brothers in attendance bagged more than 6,000 lbs. of carrots and more than 1,400 boxes of senior food packages, which broke a Food Bank record!



Pomona Grad held a fundraiser partnered with Blaze Pizza. All proceeds from the fundraiser went directly to Reach Out & Read. Brothers (L-R): Jenni Ito, Donna Phan, Linh Nguyen, Gloria Oh, Allan Do, Tom To, Helen Tam, Andrew Thach, Christine Vuong, Sunny Park, Kevin Hutchinson, Zachary Oh, and Christopher Lin.



Delta Tau brothers clean children's books at Spread the Word Nevada.

This summer, Nevada Grad geared up to get more involved in philanthropic events. New events were specifically scheduled to enable better access for graduates. This March, NV Grad sponsored a team of brave brothers (see insert) to compete in Delta Tau's Dodge-for-a-Cause tournament. There was a great turnout as brothers, faculty, and friends took a break from their daily routines to get their hearts pumping, all for a terrific cause. More than \$650 in donations and fundraising money were collected by the event for Helping Hands of Vegas Valley, a non-profit organization that offers assistance to senior citizens by providing them with transportation, food, and care vouchers.





# Our 99 Hands in Action/Southeast Province



Delta Omega Brother Mandy Irvin helped organize the first T.E.A.L. Walk in Savannah in honor of her aunt, Stacey Bentley Rowell, who was diagnosed with ovarian cancer. Mandy continues to be involved in this event every year. She was even awarded "10 Years of Amazing Honoree" for her contribution to ovarian cancer awareness by T.E.A.L. at their "10 Years of Amazing Gala" in April 2018. This year, Kayla Scheps is taking over the position as T.E.A.L. Walk Chair at her chapter.

Kayla is setting up events to raise money for the T.E.A.L. Walk Foundation by hosting fundraising events like eat at Chipotle for a change, Painting with a Twist, and the Savannah Bananas Game. T.E.A.L. (Tell Every Amazing Lady about Ovarian Cancer) has a mission, which is to speak about the awareness of ovarian cancer and to provide the public with the signs, symptoms, and risk factors for ovarian cancer. The goal for this year is to raise \$13,000 for research to help find the cure for ovarian cancer, while also supporting current survivors and their families/caregivers.



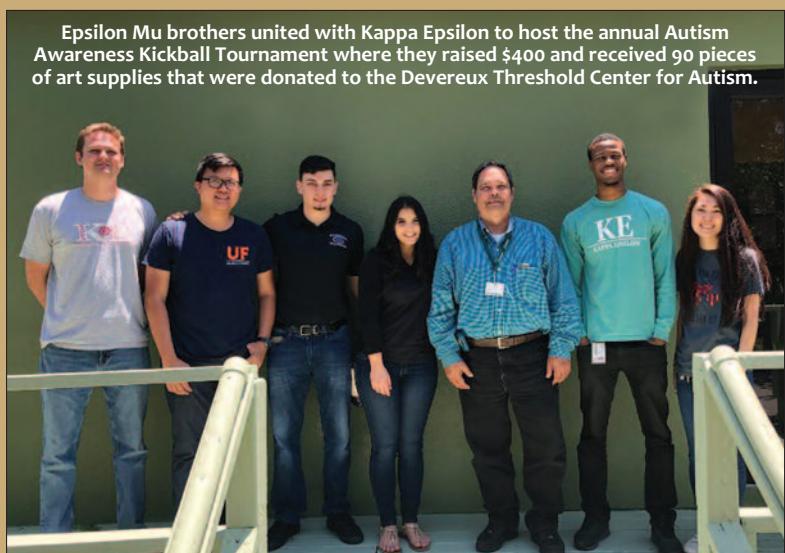
Delta Omega brothers fundraise to help support the T.E.A.L. Walk Foundation to raise awareness of the signs, symptoms, and risk factors of ovarian cancer.



Zeta Phi brothers know it's important to feed both the mind and body. The chapter worked together with Feeding South Florida to ensure those in need did not go hungry. Pictured: Ginsberg Jose, Laura Mier, April Mowatt, Brittany Dixson, Kirsten Evans, and Jack Mercado.



Gamma Sigma chapter had the pleasure of hosting their 21st Annual Kappa Psi Charity Golf Tournament benefiting the Children's Miracle Network this past March, raising almost \$1,500! The proceeds went directly to the Children's Miracle Network for Shands Children's Hospital at the University of Florida. The charity used the donated money to purchase medical equipment, fund research, provide diversionary activities, and produce patient education materials.



Epsilon Mu brothers united with Kappa Epsilon to host the annual Autism Awareness Kickball Tournament where they raised \$400 and received 90 pieces of art supplies that were donated to the Devereux Threshold Center for Autism.



LEFT: Zeta Gamma brothers (L-R) Parminder Kaur, Young Baek, and Erika Manangan enjoy activities at their annual K9 Carnival. The K9 Carnival is an event to collect donations for the Jacksonville Humane Society (JHS). Students, family, and friends brought their furry best friends to enjoy a morning of fun activities. Donations were collected to help the JHS with their goal of making a paws-itive impact on animals in need.



# Our 99 Hands in Action/Southwest Province



## Gamma Rho celebrates 70 years

This year was Gamma Rho's 70th anniversary, an exciting year for the brothers to reflect on their past and look to their future. At the end of the year, Gamma Rho hosted their first talent show, "HSC Got Talent," for the entire health science campus. They welcomed all health professional students and were able to raise awareness and funds for the American Heart Association. In May, Gamma Rho brothers participated in Our Healthy Circle Health and Wellness, representing UNM's APhA-ASP Operation Heart/Operation Diabetes initiatives. The students traveled to Las Vegas to help host a health fair for the community. Brothers provided blood pressure, blood sugar and atrial fibrillation screenings for about 120 individuals.



Zeta Lambda brothers drop off provisions at SafeHaven of Tarrant County.



The contestants, emcees, and pageant chairs show their talents at the fifth annual Dr. and Dr. Pharmacy Pageant, presented by Delta Pi chapter in collaboration with the local Phi Delta Chi chapter. The proceeds went to each organization's respective philanthropy, Reach Out and Read and St. Jude Children's Research Hospital.



Delta Theta pledges volunteer with Bread of Life Inc. Distribution Center to serve the Houston community in need!



Zeta Eta brothers represent at the Walk to End Alzheimer's.



The Southwest Province had a successful Spring Assembly in Norman, Oklahoma. The collegiate chapters and graduate chapters brought books for the Reach Out and Read book drive that was held during the assembly. Together they collected 99 books, which will be donated to UT The Kids Place Pediatric Center. The Southwest Province also held a silent auction with baskets donated by each chapter. All proceeds were donated to their local philanthropy, the Cavett Kids Foundation.



Epsilon Beta brothers participated in an event with Lonestar Play Ball, an organization that started seven years ago to give adults with special needs a chance to play baseball. Epsilon Beta brothers teamed up with them this year to be "buddies" for the players to help them hit, field, and run bases. It was such a rewarding experience to brighten their day by helping play the game they love.



Epsilon Tau brothers held two Adopt-a-Highway days. They came ready to work and in total 26 bags of trash were picked up from a local highway.



Delta Pi chapter held a Mr. Pharmacy contest with a twist: it had a Monopoly style. The chapter also set up a booth to promote tobacco free living at the March of Dimes event.

# Reports from the APhA Institute

Each year beginning in 2017, Kappa Psi has given a stipend for a few brothers to attend the APhA Institute on Alcoholism and Drug Dependencies. Part of the requirements of the stipend is that the recipient take notes and write a report to be shared with the Brotherhood. This year, five brothers attended the Institute on a stipend from Kappa Psi Fraternity. Here are their reports:

## The Importance of Recognizing the Underlying Cause of Addiction

By Brother Bryson Belaire

One of the biggest breakthroughs I personally underwent throughout the course of the APhA Institute on Alcoholism and Drug Dependencies was the realization of seeing addiction as a disease caused by some sort of hole in a person's life; addiction is not the person him or herself. Dr. Anita Jackson helped me put the stigma behind addiction into perspective. She spoke of two couples—one with a son who was undergoing chemotherapy for cancer and the other couple with a son who was battling the depths of addiction and was in the process of recovery. While one son across the street was being praised and celebrated for his battle, the son battling addiction was hidden behind closed doors and whispered about by the neighbors. Both were fighting a disease, but only one was feeling loved and supported to continue that fight. It is crucial that we recognize addiction as a disease. Dr. Robert Weathers emphasized one of the first steps in the 12 Step Addiction Recovery process is to identify and then externalize the problem. The patient is not the problem. That cannot be understated. So often because of today's society, the patient often feels like he or she is the problem.

What are some important things to recognize when dealing with these types of problems? I love how our profession as a whole emphasizes self-awareness for the betterment of ourselves and thus, the betterment of our patients. I think addiction differs from most diseases in that we are forced to look at it holistically. It can't simply be treated with a medication or just a lifestyle modification. Other than referring our patients to appropriate resources and addiction recovery groups, we need to teach them to practice self-awareness, just as we do ourselves. To teach is to demonstrate.

The two terms that I have new definitions for are guilt/shame and self-forgiveness. So often we view both guilt and shame as negative emotions. It's important to recognize that there are no negative emotions. As long as we know when not to act upon certain emotions, no emotions should ever be associated with negativity or shame. It is okay to feel however we are feeling at any given moment. That's what it is to



be human. Guilt says "I did something bad"; Shame says "I am bad." It's not semantics, as those two emotions are saying completely different things. Guilt is a good thing. It's an evolutionary learning device that means you did not live up to the standard for which you set yourself. It motivates us to make change. Shame on the other hand stops us in our tracks. It paralyzes us. Brene Brown talks about when someone is feeling shame, what it needs to grow exponentially is secrecy, silence, and judgment; however, take that same amount of shame and douse it with empathy—it cannot survive. We as professionals need to be constantly thinking with empathy. Not sympathy where we keep them at an arm's distance, but empathy where we actually climb into the hole they're in with them. Finally, my self-forgiveness mantra: "You know better, you do better." Therefore, you should not be judged for the person you were (whether that be a year ago or an hour ago), but for the person you're trying to be now. You don't have to hold yourself hostage to who you used to be because who has not lived and made mistakes?

## Introduction to Addictive Disorders: Implications for Health Professionals

By Brother Lauren Meyer

At the APhA Institute on Alcoholism and Drug Dependencies, Dr. Merrill Norton explained how addiction is an incurable, primary, and chronic disease of brain reward, motivation, memory and related circuitry that, when untreated, will result in premature death. Although addiction is incurable, it is treatable. As pharmacists, to be able to help treat and improve the quality of life of our patients suffering from addiction, whether that be addiction to prescription medications, illicit drugs, or alcohol, we must first understand the addictive process. Dr. Norton explained the addictive process in great detail. He discussed how addiction is a complex illness with biological, sociological, and psychological components. Repetitive substance abuse changes the normal circuitry of the brain. The brain releases small amounts of dopamine when we perform tasks needed for survival, such as eating and drinking. Dopamine is the neurochemical for the reward system of the brain. All drugs of abuse cause the brain to release dopamine, but in much larger quantities than a nor-



mal daily activity. When all of the dopamine has been depleted from the brain due to the magnitude of release caused by the drug of abuse, the brain releases glutamate, the neurochemical responsible for craving. The brain wants more of the substance that released the surge of dopamine in an attempt to get back to homeostasis from a dopamine depleted state. With this cycle occurring again and again, endorphins solidify a long-term memory of wanting and desire for the drug of abuse. Dynorphins are the bonding chemical of the brain that reduces stress and pain. Over time, for patients suffering from addiction, the drug becomes the primary relationship in their life and dynorphins are released any time the person feels pain or stress, causing an extreme craving for the drug. This is addiction. Addiction is a biological process that changes the chemicals of the brain. Addiction is not a choice. Addiction is a disease. By understanding this process as a disease, we as pharmacists can give more understanding and compassion to patients suffering from this illness. We can help patients seek treatment. Consistent treatment and routine 12 Step meetings can help replace the bonding dynorphins the brain has for the drug of abuse with healthy sober relationships. Although addiction is a lifelong disease, it can be treated.

## Addressing Pain Management in Addiction Recovery

By Brother Tayler Daniels

I recently had the opportunity to attend the APhA Institute on Alcoholism and Drug Dependencies and it was truly an incredible and moving experience. I wanted to attend the Institute because of my little brother and his recent struggle with substance abuse disorder. I was floored when I learned what he was going through and soon after, I learned about the Institute and knew I needed to go to it to try and better understand what he and so many others go through on a day-to-day basis. Needless to say, I got what I was looking for. Over five days of amazing speakers, moving testimonies and emotional meetings, I feel that I have gained many tools to make me an asset to my family and to my community as we all battle the opioid crisis.

One of the parts of the Institute that made the biggest impact on me was speaker Dr. Theodore V. Parran Jr. who addressed pain management in addiction recovery. I think this is a huge topic and something we all as pharmacists need to be aware of during this opioid crisis. Dr. Parran summarized all the different situations we may come across and how each one needs to treat and manage pain differently. For example, to treat acute pain in someone who is currently actively addicted to opioids, we must estimate the equivalent dose of the analgesic to their current level of tolerance, then add on the extra they may need to treat the pain. Or to treat acute pain in someone who is in recovery from opioid abuse, the most dangerous situation, we need to avoid the receptor class of that patient's "drug of choice" when treating their pain. One more example, to treat acute pain in someone who is in recovery from alcohol abuse is to never give benzodiazepines for pain relief. These are all common situations we may come across in our careers and I feel it



is so important for us to recognize them. Dr. Parran told us a heart wrenching story of a man who was in recovery from opioid addiction and needed a knee replacement. The patient came to him and they made a pain plan where no opioids were to be used in his recovery so he wouldn't have to go through the relapse. After the surgery, the man was kept under anesthesia for as long as they could keep him, the nerve blocks were kept in place right up to the point before they would get septic, and they were treating with IV Tylenol. Post-surgery, a resident was doing rounds and saw that this man was not on a Dilaudid pain pump. That was not typical of a post-knee replacement so the doctor wrote an order for the pump and started the infusion. This unintentional error ended his sobriety and the years of hard work he put into his recovery. I held back tears while I listened to this story because that could have happened to anyone and all I could think of was what if that were my brother or what if I had been the cause of someone having to start their recovery process all over again. My hope is that anyone reading this article will be inspired to really think about the disease of addiction and will realize how important it is to advocate for our patients with substance abuse disorder. We can make such a huge difference in treating substance abuse disorder and the opioid crisis. I strongly urge everyone to attend the Institute if you are able to!

## Teaming Up to Prevent Diversion: Strategies for Collaboration

By Brother Devin Barlowe

One of the most influential parts of the APhA Institute on Alcoholism and Drug Dependencies was Drs. Nesin and Bates' presentation on Teaming Up to Prevent Drug Diversion. As pharmacists, we play a key role in identifying, treating, and understanding addiction; therefore, our profession can truly make a difference in preventing drug diversion, and furthermore, helping our patients who desperately need help. Many times the pharmacist is the first healthcare professional to identify "red flags" in behaviors, especially in opioid dependence. We also recognize that opioids have not been shown to have benefit for long-term use in chronic pain, but can have devastating risks, particularly with high doses (MME >100). The best way to protect our patients is to recognize these high-risk behaviors and communicate with physicians that we are concerned about our patients' safety. Once an open line of communication with physicians is established, we as pharmacists may suggest alternative therapies and help develop opioid tapers. In addition, having resources readily available for patients can help combat addiction. Search for your pharmacy's closest 12 Step program, AA/NA/AlAnon meetings, and addiction specialists and have this information readily available on the pharmacy counters. Open up a conversation with your patients: ask, "Have you ever felt like this medication is interfering with your life in a negative way?" Show empathy and remember that if you only help one person, you are still making a difference.



(continued)

# APhA Institute on Alcoholism and Drug Dependencies

## Using Brief Interventions in a Busy Pharmacy Setting

By Brother Katy Campf



Throughout my time at the APhA Institute on Alcoholism and Drug Dependencies, I learned to understand that addiction is a disease, that pharmacists can make a difference, and that I am a resource for my patients. Many times I forget how much of a resource I can be and without the Institute, I would have not recognized my need to be a resource for patients with substance use disorders. Dr. Jake Nichols spoke on Using Brief Interventions in a Busy Pharmacy Setting and used his session to help the room gain a little perspective. He asked the audience: "How many of you can confidently refer someone to counseling or 12 Step meetings and know exactly the times, the locations, or the phone numbers?" The room was silenced. Dr. Nichols then went on to state that simply printing out local 12 Step meetings and having them readily available at the

pharmacy counter can make an impact. Then, he helped the room understand why such a brief intervention can make a lasting impact. He stated that we can provide hundreds of handouts to hundreds of patients, but even if we only help one patient seek recovery, we made a difference. As pharmacists, we play a key role in identifying and understanding addiction and we can easily have the necessary information readily available. Pharmacists can be the first healthcare professionals to offer help, but we must learn to use all our resources in order to provide resources to our patients with substance use disorders. ■

### Resources:

<https://www.pharmacist.com/opioid-use-abuse-and-misuse-resource-center>  
Pharmacy Recovery Network: <http://usaprnr.org/>  
<https://www.pharmacist.com/apha-asp-generation-rx>  
National Institute on Alcohol Abuse and Alcoholism: <https://www.niaaa.nih.gov/>  
Substance Abuse and Mental Health: <https://www.samhsa.gov/>  
Narcotics Anonymous: <https://www.na.org/>

## Several Kappa Psi brothers in attendance at the 2018 Institute

Several brothers from across the country gather for a group photo during the 2018 APhA Institute on Alcoholism and Drug Dependencies.



# A Picture Perfect Future: The Kappa Psi Leadership Symposium



Dr. Louise Parent-Stevens



Leadership Symposium speakers Dr. Stuart Gaines, Past Grand Regent Lawrence Brown, Dean Ron Jordan, and Dr. Meghan Bodenber

Executive Director Johnny Porter presents Joey Mattingly a W. Bruce Phillip Certificate of Commendation for his work as Program Director for the Leadership Symposium.



Past Grand Regent and Dean Emeritus of the University of Kentucky College of Pharmacy, Ken Roberts, speaks at the dinner banquet of the Leadership Symposium.



### Scarlet & Gray Club

(\$1,000+)

Jenny Donaldson (\$1,500)

### President's Circle

(\$500)

Christopher Miller

Jay Vora

Michael Ira Smith

### Director's Club

(\$250)

Ada Graduate chapter

Brian C Reisetter

Cameron Van Dyke

DFW Graduate chapter

Johnny Porter

### Bicentennial Club

(\$100)

Arizona Graduate chapter

Beta Epsilon chapter

Brighton Patch

Cesar Sison

Delta Upsilon chapter

Derrick Egi

Epsilon Beta chapter

Gamma Kappa chapter

John Pietkiewicz

Johnny Porter

Kali Weaver

Ken Kirk

Kirsten Tobbe

Marquette Hardin

Melissa Buchanan

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Stephanie Forsythe

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Christine Cooper

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Delta Eta chapter

Delta Kappa chapter

Delta Omicron chapter

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Pomona Graduate chapter

Pratik Shah

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William Charles

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(\$5,050 total)

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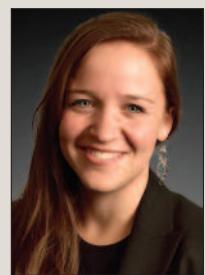
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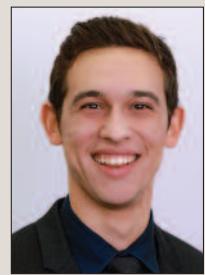
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Richardson, Texas 75080

## Delta Delta raises \$1,345 for Reach Out and Read



Brother Andre Obimah, who represented UHSNPhA, captured first place and 10 percent of the proceeds for his organization.

Each year, the brothers of Delta Delta set the bar higher for their Mr. Pharmacy fundraiser, which not only raises money for charity, but also strengthens the faculty-students bonds within the college. This year, with the overwhelming support from the faculty and students at the University of Houston, Delta Delta was able to raise \$1345, 90 percent of which went toward Reach Out and Read.

